



U3A LOWER NORTH

Sharing Skills and Experience with Friends

NOVEMBER 2021 🍁 TERM ONE 2022

University of the Third Age Lower North Incorporated

🍁 Post Office Box 480, Clare, South Australia, 5453 🍁

Messages 0447 601 142, Email u3alownorth@gmail.com

Secretary: Ian Foster 0418 807 603

Course Co-ordinator: Hilary Adlam 0447 601 142 (leave a message), asku3a@gmail.com

Chairman, newsletter & website: Claire Eglinton, 8842 3939, eclair5453@gmail.com

U3A Lower North website: www.u3alownorth.webs.com

Dear Members,

Greetings from suburbia but I'm longing to be back in my hollow in the Clare Valley once internet is restored.

Just as well I was back in Clare for Lower North's 17th AGM because it proved to be a not-to-be-missed event. Guest speaker Rebecca Sullivan was a delight; someone who grasped from the first that life is for living: joyously and to the fullest.

Rebecca's career path is so varied and bizarre it reminded me of Alice in Wonderland's Queen: 'sometimes I've believed as many as six impossible things before breakfast'. I wish her former teachers from Balaklava High had been there to listen.

Almost as unbelievable: all the entries in this year's photography competition were taken by just two members: Ann Foster and Sue Mayfield. We thought the best way to reward them was to call them equal winners. A photo from each even appeared in the national Bulletin. All photos including late entries will be on the big screen before our end-of-year film.

Next year we will be 18 and old enough to drink so the AGM might have to have an adult theme.

As you can see from the panel opposite, the end-of-year celebrations are back after last year's absence.

Inside you will find current U3A thoughts on COVID vaccination, 2022 course list (note early start for Art groups), changes in activities, enrolment days, etc.

*Hope to see you for lunch at Blyth,
Claire*

End of Year Lunch & Film

You are invited to lunch with friends then sit back and watch *The Duke*.

Friday 3 December will be our final day for the U3A year with lunch, 12 for 12.30, at the Blyth Hall supper room. Please bring a plate of finger food suitable for sharing. Soft drink provided.

After lunch and a chat (remember name tags), it's over to the cinema for our film. Based on a true story, *The Duke* has a 96% approval rating from critics, one of whom said: '*The Duke* does droll to gentle perfection'.

Set in England in the 1960s where a working class man, played by Jim Broadbent, goes on a crusade. *The Duke* was filmed and appeared at the Venice Film Festival pre COVID. Since then its UK public release has been constantly set back due to lockdowns. It has been in Adelaide for the Seniors Film Festival while still unseen in the UK.

Book early with Peter Wood (0411 662 384) or u3alownorth@gmail.com. It is \$10 (cost of film). If combining it with your membership fee for next year, put completed enrolment slip with exact money in envelope to speed processing. Arrive early to avoid queue. Sorry, no credit cards. Film tickets will be issued.

Do take this opportunity to catch up and thank group leaders before we all go in different directions for the festive season.

ACTIVITIES IN 2022

PETANQUE IS BACK!

Out at Melrose Park, between the lake and the model engineers railway line, financed by Clare and Gilbert Valley Council, two conventional Petanque playing surfaces (pistes) have been constructed. The driving force behind this development is Kerry Lampard who will be the U3A Petanque group leader.

Previously our group played on grass but these compacted-earth playing surfaces will give a more traditional experience. There is an adjacent shelter with table and seats so there will be the opportunity to take to the shade for an afternoon tea break or to just watch the action.

Members of the general public can use the area anytime they like but a definite U3A group session time will be set once enrolments are received.

FRENCH FOR TRAVELLERS

This is a new course devised by Kath Lock. It is scheduled for just one hour 3 to 4 pm, each Thursday. Previous French courses were for people who already had a smattering of French from their school years, and tended to be ongoing. This course, open to everyone, will concentrate on getting the basics right. At only one hour a week there will be an expectation for people to master each week's lesson with some practice at home. Ah, yes, remember homework.

The Auburn French Fest showed that we have a lot of local Francophiles who can't wait for international travel to resume. Taking on a language late in life might preclude you from becoming fluent but one should still be able to walk into a café and ask for a coffee at the table by the window, be understood and not unintentionally insult anyone.

Talking to Arnaud Benassy from Alliance Francaise reminded me that you don't need to learn much French but you need to learn the basics well.

Previous French classes folded under the pressure to cater for people with vastly different levels of expertise plus supply new lessons every week as if it were an entertainment rather than a real learning opportunity. We are aiming to rectify that.

HISTORY

There was confusion about History last term as Val temporarily suspended classes at the end of Term 3 without advising us it was resuming for Term 4.

Val says I can assure everyone that History will be back next year in its usual 10 to 12 time slot on Fridays and that she has plenty of new material.

COVID VACCINATION

Until now SA citizens have been protected behind closed borders. With those restrictions easing we become more vulnerable and have to look to ways of protecting ourselves.

Many organisations, as varied as the SA Bridge Association and Adelaide Zoo, have now made it mandatory for their employees and visitors to be fully vaccinated. So what about U3A?

U3As across Victoria are taking steps to make full vaccination a condition of entry to face-to-face classes. Having endured long lockdowns they are not taking any chances.

Currently we are unsure of our legal ability to make such regulations in South Australia but we are not ruling it out in the future. At the moment we strongly recommend all members follow the health advice and get their jabs.

We have a duty of care to all our members, the vast majority of whom have already had their second dose and are looking to take a booster too. Having taken such steps to protect themselves, their family and friends, the last thing they want to do is sit next to someone at U3A who 'hasn't got around to it'.

The age of our membership makes them particularly vulnerable, a few won't be able to be vaccinated for medical reasons, and many are in contact with grandchildren too young to be vaccinated. We can't afford to take risks. Please take steps to become fully vaccinated to ensure everyone's safety.

If you were waiting for Pfizer or Moderna they are freely available. For me it was as simple as walking into Tim Siv's chemist shop in Clare's main street. Tim or a nurse do it on the spot. What could be easier?

If you are against vaccination on principle, perhaps you might want to reconsider renewing your U3A membership or look to doing online courses. Our members want to meet in a safe environment.

U3A STATE RENDEZVOUS

Unfortunately the biennial Rendezvous was cancelled due to low bookings. COVID impacted bookings but there was also some who suggested previous events were successful because they were at attractive tourist destinations (Riverland and Adelaide Hills).

That does put some pressure on groups such as Lower North to host future State events. The Clare Valley would be a good destination with plenty to do, a good range of dining and accommodation but do we have the people who would volunteer their efforts to make it happen?

ENROL NOW FOR 2022

Enrolments do not carry on from one year to the next. To ensure your place, please submit enrolment slip and payment as soon as possible. Enrolments are processed on a first come first served basis. While some groups struggle for numbers, others fill quickly.

New members should fill out a New Members Enrolment Form available from our website or anyone on the committee.

Enrolment is not complete until both money and paperwork are received.

EARLY BIRDS SAVE \$10

The annual subscription is \$35 but there is a \$10 discount for payment by Friday 28 January. Don't risk forgetting. Enrol and pay now just \$25.

When the early bird rate expires on 28 January, it will be \$35 for the rest of the year. However anyone joining for the first time in Term 4 will be financial for the coming year as well, 5 terms for the price of 4.

Payments can be made 4 ways:

- Registration Days. Thursday 9 December or Thursday 27 January. Treasurer and/or Course Coordinator will be in the Stan Scott Room, Clare Town Hall from 10 am to 1 pm (cash only) **or**
- at Blyth lunch before 12 (Please note this is not a true registration day so keep things running smoothly by placing exact money and completed booking slip inside an envelope); **or**
- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; **or**
- pay online. (U3A Lower North Inc., No. 748828019; BSB 085 558. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to u3alownorth@gmail.com).

DATES FOR 2022

2022 has four 8-week terms divided by 3 or 4-week holiday breaks. If meeting outside these dates inform the secretary to protect group leader insurance.

Enrolment days for 2022 at Clare Town Hall: _____

Thursday 9 December 2021 and Thursday 27 January

Deadline for enrolments and payment: __ 28 January

Group Leaders Event: _____ Wednesday 9 February

TERM 1: ____ Monday 14 February to Friday 8 April

TERM 2: _____ Monday 9 May to Monday 4 July

TERM 3: _ Monday 1 August to Friday 23 September

TERM 4: Monday 17 October to Friday 9 December

Annual General Meeting: _____ Friday 4 November

End-of-year lunch & movie: _____ Friday 9 December

Enrolment day for 2023: ____ Thursday 15 December

LOST NAME TAG MAGNETS

Did you invest in a new plastic name tag, only to lose the magnetic backing? Don't throw it away. We have some spare backing magnets. Ask Secretary Ian, Hilary or email Claire u3alownorth@gmail.com.

STATEWIDE ONLINE COURSES

Any U3A Lower North member is eligible to enrol in Statewide online courses free of charge. Likewise group leaders might like to extend their class online.

Currently U3A Mt Gambier is offering a Geology class, U3A Campbelltown is doing weekly French and a monthly crime fiction book group; U3A Prospect has a one session talk on the life of Agatha Christie; U3A Adelaide has a weekly Positive Psychology course; fortnightly Climate Change sessions as well as sessions on mastering presenting on Zoom for any U3A group leader who might want to offer their expertise to a wider audience.

Friday 3 December

U3A End of Year Lunch & Movie

Starts at 12 for 12.30 pm, Blyth Supper Room

Please bring a plate of finger food to share

UK film *The Duke* to follow at Blyth Cinema

All Group Leaders invited to attend as our guests

A time for all members to combine and applaud the contribution of our Group Leaders, farewell classmates and catch up with friends before the Christmas holidays

\$10 a head (for film), contact Ian or Peter Wood 0411 662 384 to book

Booking slip over page with enrolment

2022: FIRST TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Art, Auburn	<i>Ann Foster</i>	Wed 9:30 am – 1:30 pm	2/2/2022	Auburn oval
Art, Burra	<i>Ann Foster</i>	2 nd Tue, 9.30 am – 2.30 pm	8/2/2022	Burra Showgrounds
Book Group 1	<i>Hermann Weber</i>	Alt Thu 10:30 am – 12 noon	24/2/2022	St Barnabas, Clare
Book Group 2	<i>Kath Lock</i>	Alt Thu 1.30-3.30 pm	17/2/2022	Clare Town Hall
Chess	<i>Ian Bails</i>	Mon 1:30 – 3:30 pm	14/2/2022	Essington Mews
Coffee & Chat	<i>Doreen Hill</i>	Wed 10.30 am	16/2/2022	Various
Computing 1	<i>Quentin Fleming</i>	Fri 10 am – 12 noon	18/2/2022	Clare Town Hall
Computing 2 iPads	<i>Marian Wicks</i>	Tue 12 noon – 1.30 pm	15/2/2022	Clare Town Hall
Contract Bridge	<i>Peter Wood</i>	Mon 1.30 – 4 pm	14/2/2022	Tourism Centre
Cryptic Crosswords	<i>Greta Handmer</i>	Alt Thu 10.30 am	17/2/2022	25 Edward St, Clare
Current Affairs	<i>Quentin Fleming</i>	Alt Thu 1.30 – 3 pm	24/2/2022	Clare Town Hall
Drumbeat	<i>John Monten</i>	Mon 10 – 11.30 am	14/2/2022	St Barnabas, Clare
Exercise 1	<i>Chris Roberts</i>	Tue 9 – 10 am	15/2/2022	Lutheran Hall
Exercise 2 (seated)	<i>Chris Roberts</i>	Tue 10 – 11 am	15/2/2022	Lutheran Hall
Film Group	<i>Val Tilbrook</i>	Usually 1st Tue 2 pm	8/2/2022	Blyth Cinema
French for Travellers	<i>Kath Lock</i>	Thu 3 – 4 pm	17/2/2022	Clare Town Hall
History	<i>Val Tilbrook</i>	Fri 10 am – 12 noon	18/2/2022	St Barnabas, Clare
Knit and Sew	<i>Mary Clark</i>	Tue 2 – 4 pm	15/2/2022	Clare Town Hall
Mah-jong, Auburn	<i>Sue Beaton</i>	Tue 2 – 4 pm	15/2/2022	Auburn Institute
Mah-jong, Clare	<i>Pam Murray</i>	Wed 2 – 4 pm	16/2/2022	St Barnabas, Clare
Music Appreciation	<i>Helen Weckert</i>	1 st , 3 rd Wed 2 pm	16/2/2022	10 March Ct, Clare
Petanque	<i>Kerry Lampard</i>	To be advised	TBA	Melrose Park, Clare
Quilting	<i>Diane Richardson</i>	Thu 10 am – 1 pm	17/2/2022	St Barnabas, Clare
Scrabble	<i>Carol Stewart</i>	Mon 1:15 pm	14/2/2022	St Barnabas, Clare
Walking Group	<i>Margaret Daly</i>	Mon 8 am	14/2/2022	Sevenhill

STATEWIDE ONLINE COURSE TRIAL: view courses or enrol at: <https://u3asouthaustralia.org.au/courses-2/>



Retain top half for class times, etc. Assume enrolment accepted on payment unless you hear otherwise.

RETURN enrolments ASAP: U3A office door box in Clare Town Hall, or P.O. Box 480, Clare SA 5453 (messages 0447 601 142, asku3a@gmail.com). **New members** should complete a once-only New Members Enrolment Form (downloadable from website, we can email you one or they will be provided at registration days).

Name: _____

Any change of address/phone/email since last year?: _____

ENROLMENTS early bird rate \$25 by Friday 28 January 2022, after that \$35.

Enrol me in: _____

Newsletters by post [] or email []. **Payment** by cheque [] cash [] EFT [] All options page 3.

OPTIONAL HARD NAME TAGS \$12 Please tick for pin back [] or magnetic back []

Print name as you want it to appear _____

2021 END OF YEAR LUNCH & FILM \$10 For self [] and [] number of guests.

Book lunch/film by 1/12/21: Phone Peter Wood (0411 662 384) or email u3alowernorth@gmail.com

All information kept in accordance with U3A Lower North Inc. privacy policy