



U3A LOWER NORTH

Sharing Skills and Experience with Friends

SEPTEMBER 2019 🍁 TERM FOUR

University of the Third Age Lower North Incorporated

🍁 Post Office Box 480, Clare, South Australia, 5453 🍁

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Dear Members,

Greetings from a drying hollow in the Clare Valley where fire season preparation is already underway.

You are all invited to our birthday afternoon tea and Annual General Meeting which pops up the first Friday of Term 4 (18 October.)

Jo Stewart-Rattray will be our not-to-be-missed guest speaker. Jo lives locally at Auburn but works nationally, is known internationally and has more letters after her name than we have space to list.

Jo might have a high profile cyber security job but it is her achievements in other fields that you will find inspiring. A board member of the National Rural Women's Coalition, Jo has taken her interest in the future of rural women and girls to the highest forums. Jo is an accomplished presenter who is sought after to speak at conferences and expos on a variety of topics, so we are very fortunate that she found space in her busy diary for our humble AGM.

Course co-ordinator Quentin is retiring so everyone who wants to try their hand at the top job, should fill in a form. There is also a vacancy for the post of committee person. Nominations and photo competition entries close with the secretary at 5 pm Friday 11 October. No nominations at meeting.

The AGM always ends with a generous afternoon tea to celebrate our birthday (15 this year) so do come along and feel free to bring a friend to hear Jo.

*See you back in the classroom,
Claire*



Clare Town Hall Committee

presents

A Sunday Afternoon Soirée

Sunday 10 November 2019

from 2pm to about 4.30pm

Join us for an afternoon of

Jazz and High Tea

featuring

Atlantic Street Band

plus guest artist

Trudy Hart

Licensed Bar: *Beer, Eldredge Wine*

Free bubbles on arrival

Tickets \$30 each

Tables of 10

Bookings online: www.trybooking.com/BFISN or

phone Helen 0417 714 151

*This is a fundraiser for the Clare Town Hall which provides
a venue for many Clare groups.*

BURRA ARTISTS JOIN U3A

The Burra Art Society was formed in 1989 so we are honoured they have decided to throw in their lot with a mere teenager like U3A Lower North.

Now our programme lists two art groups: Auburn and Burra. It does make sense as many district artaholics belong to both groups. Gerald Moore has volunteered to act as dual group leader.

The Burra group meets monthly on every second Tuesday, from February to November, in the Burra Showgrounds Hall from 9.30am till 2.30pm. Some of the Auburn group joined Burra's annual camp at Melrose this year. Activities include sketching days in and around Burra and most months at the hall have a different topic, e.g. still life or a workshop to try something different and share knowledge.

In August they visited the SA Art Gallery, and November's event will be a sketching day and end of year break-up at Simpson's Rices Creek.

ARTISTS BECOME THE EXHIBIT

Once again the U3A Auburn Art group will be an attraction at the **RFDS Spring Art and Garden Fair**, to be held at Lakeside Railway, Melrose Park on Sunday 6 October, from 10am to 3pm.

Five artists have agreed to paint *en plein air*, setting up their easels outside and braving not only whatever the weather throws at them but also the scrutiny of every passer-by.

It is a busy time of the art year with many of their works currently in exhibitions at Gladstone, Orroroo ('A Brush with Art'), Burra and Kapunda.

As well as showcasing local artists there will be stalls filled with spring plants, food, wine, coffee, jumping castle and face painting, music and more.

Last year I had heaps of fun hitching a ride on the steam train driven by U3A committee member, Ian Foster, so hop on board solo or with the grandkids. Free entry and a great family outing.

NEW MEMBER PAYMENTS

Payments can be made 2 ways:

- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; **or**
- pay online. (U3A Lower North Inc., No. 748828019; BSB 085 558. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to u3alownorth@gmail.com).

A ROLE FOR EVERYONE

If you would like to be part of the team running your U3A, have some skills to share or know of someone who does, let us know. Don't be modest. Tell us what you can do and we will find you a role.

Most committee positions will be up for renewal this year. We will be losing Quentin, our Course Co-ordinator. This is a key position in any U3A and ideally requires someone energetic with computer, organizational and people skills.

We are also seeking a committee person. Although this doesn't have any specific duties attached, we encourage active participation.

Nominations close 5 pm Friday 11 October but we ask you to discuss your interests with us prior to that time. If you or someone you know would be suitable, please let us know. U3A is a self-help body where everyone is expected to contribute some time or skills, be it teaching, administration or just making the tea. To mix a few metaphors, many hands make light work but too many passengers break the camel's back.

Brownie points don't transfer between clubs or decades so saying you did your share of committee work when your kids were growing up is not an option. With an average age in the mid-70s, members below that figure need to be particularly supportive. Remember it is activity and challenges that keep us all going. Brains don't want to retire.

CLASS UPDATES

After the success of her **Conscious Ageing** course earlier this year, Anne Smith is keen to repeat it early next year. It will require some new faces to justify a repeat. More details next newsletter.

Current Affairs is seeking more participants to enable a good variety of views at its fortnightly sessions. It is the only U3A group with more men than women. All equally welcome.

All classes should submit their annual photo competition entries showing off U3A activities by 11 October with Claire or Secretary Beth Smith.

DATES FOR TERM 4

TERM 4: ___ Monday 14 October to Fri. 6 December
Annual General Meeting: _____ Friday 18 October
Adelaide Hills Rendezvous _____ 22-24 October
End-of-year lunch & movie: _____ Friday 6 December
If meeting outside these dates inform the secretary to protect group leader insurance.

Friday 18 October

U3A Annual General Meeting

Starts at 2 pm, Barbara J. Long Room, Clare Town Hall

Guest speaker: Jo Stewart-Rattray, 'Dream Big and Believe'

Entries in annual photography competition on screen and winner announced

Afternoon Tea to follow

(Nominations for election close with Secretary on Friday 11 October 2019)

Friday 6 December

U3A End of Year Lunch & Movie

Starts at 12 for 12.30 pm, Blyth Supper Room

Please bring a plate of finger food to share

Movie to follow at Blyth Cinema

(yet to be selected but we always try for something special)

All Group Leaders invited to attend as our guests

A time for all members to combine and applaud the contribution of our group leaders,
farewell classmates and catch up with friends before the Christmas holidays

The secretary will be accepting early bookings but full details will be in the final 2019 newsletter



LOWER NORTH

Nomination for Office

Office: _____ Nominee: _____

Nominated by: _____ Signed: _____

I accept this nomination. Signed: _____

To be in the hands of the Secretary by 5 p.m. on the Friday preceding the AGM.

2019: FOURTH TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Art, Auburn	Gerald Moore	Wed 9:30am – 1:30pm	16/10/2019	Auburn oval
Art, Burra	Gerald Moore	2 nd Tuesday, 9.30 – 2.30	8/10/2019	Burra Showgrounds
Book Group	Marianne Holliday	Alt Thu 10:30am – 12noon	24/10/2019	St Barnabas, Clare
Chess	Ian Bails	Tue 2:30 – 4:30pm	15/10/2019	Essington Mews
Coffee & Chat	Val Tilbrook	Wed 10:30am	16/10/2019	Various
Computing 1	Quentin Fleming	Fri 10.30 am – 12.30 pm	18/10/2019	Clare Town Hall
Computing 2 iPads	Marian Wicks	Tue 12 noon – 1:30pm	TBA	Clare Town Hall
Contract Bridge	Peter Wood	Thu 2 – 4 pm	17/10/2019	St Barnabas, Clare
Cryptic Crosswords	Greta Handmer	Alt Thu 10:30am – 12noon	17/10/2019	25 Edward St, Clare
Current Affairs	Claire Eglinton	Alt Thu. 1 – 2.30pm	17/10/2019	Clare Town Hall
Drumbeat	John Montan	Mon. 10am – 12noon	14/10/2019	St Barnabas, Clare
Exercise 1	Chris Roberts	Tue 9 – 10am	15/10/2019	Lutheran Hall
Exercise 2	Chris Roberts	Tue 10 – 11am	15/10/2019	Lutheran Hall
Film Group	Val Tilbrook	1st Tue 2pm	15/11/2019	Blyth Cinema
French 1 Basics*	Claire Eglinton	Thu 9.30 – 10.30am	17/10/2019	Clare Town Hall
French 2*	Kath Lock	Thu 10.45 am – 12 noon	17/10/2019	Clare Town Hall
Furniture Restoration	Barrie Smith	Wed 10am – 12noon	16/10/2019	12 Guildford St, Blyth
History	Val Tilbrook	Fri 10am – 12noon	TBA	St Barnabas, Clare
Knit and Sew	Mary Clark	Tue 2 – 4pm	16/10/2019	Clare Town Hall
Mah-jong, Auburn	Sue Beaton	Tue 1 – 3pm	15/10/2019	Auburn Institute
Mah-jong, Clare	Pam Murray	Wed 2 – 4pm	16/10/2019	St Barnabas, Clare
Meditation/relaxation	Anne Smith	Mon 1-2.30 pm	14/10/2019	Benny's Hill Road
Music Appreciation	Helen Weckert	1 st , 3 rd Wed 2pm	16/10/2019	10 March Ct, Clare
Petanque	Jim Morran	Mon 1.30pm	14/10/2019	Cent. Park, Auburn
Quilting	Diane Richardson	Thu 10am – 1pm	17/10/2019	St Barnabas, Clare
Quilting and Craft	Kath Lock	Fri. 10 am to 3pm	18/10/2019	Riverton com. centre
Scrabble	Carol Stewart	Mon 1:15pm	14/10/2019	St Barnabas, Clare
Walking, Clare	Margaret Daly	Mon 8am	14/10/2019	Lennon St east

* French class requires some prior knowledge of the language, no matter how rusty.



Retain top half for class times, etc. Assume enrolment accepted on payment unless you hear otherwise.

RETURN new or changed enrolments ASAP: U3A office door box in Clare Town Hall, or P.O. Box 480, Clare SA 5453 (messages 0447 601 142, asku3a@gmail.com).

New members should complete a once-only New Members Enrolment Form (downloadable from website or we can email you one).

Name: _____

Any changes of address/phone/email since last term?: _____

Enrol me in: _____

Newsletters by post [] or email []. **Payment** by cheque [] cash [] EFT [] All options page 2.

All information kept in accordance with U3A Lower North Inc. privacy policy (see website).