

ATTACH 2018

Resiliency Tree



Stormy Winds:



<u>Branches:</u> What healing & resiliency building ACTIONS and/or ACTIVITIES can I do to nourish hopes, dreams & aspirations?	<u>Trunk:</u> Who is present with the child now to provide connection, balance, structure & support	<u>Roots:</u> WHO nurtured and nourished this child in earlier times and how can we support these connections?