

TWIG-BINDING BOOK-4"

You will need:

- 1 piece cover stock (8" x 4") grain short
- 1 piece medium weight colored paper (7 3/4" x 4")
- 2-3 pieces text or drawing paper (7 1/2" x 4")
- 4" twig (or dowel or bamboo skewer)
- 1 rubber band (size #16: 2 1/2")
- Paper punch
- Bone folder (or popsicle stick or credit card)

To Assemble:

- Cut all paper with grain parallel to the spine. (paper folds easier with the grain)
- Fold each piece of paper in half and crease with bone folder.
- For each sheet of paper, punch two holes about 1/2" – 3/4" from each edge and centered on the spine fold. If you push the punch in as far as it will go each time, then the holes will line up. Or punch one sheet and use that as a template to mark the other sheets.
- Stack sheets together in order shown (cover–end-sheet–text sheets) and make sure holes are aligned.
- Starting from the inside, push a small loop of rubber band through the first hole. Put the twig through the loop so it won't escape.
- Grab the other end of the rubber band and as you stretch it, push a second loop through the second hole. Put second loop around twig.
- Double loop both ends like this: lift each loop, give it a twist, and put it back over the end of twig.

