



VAN DYKE WRESTLING CLUB WRESTLING TOURNAMENT

Sunday, December 11, 2011

\$10
For Pre-Registered
MYWA Wrestlers

**OPEN &
NOVICE**

HOSTED BY	VAN DYKE WRESTLING CLUB		
WHERE	WARREN LINCOLN HIGH SCHOOL, 22900 FEDERAL AVENUE WARREN, MICHIGAN 48089		
WHEN	SUNDAY, 12/11/2011 - ALL AGES & DIVISION START AT 10:00AM		
WEIGH-INS & REGISTRATION	CHECK: WWW.MYWAYMETRO.NET FOR SATELLITE WEIGH-INS ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWA MEMBER IN ORDER TO COMPETE IN ANY MYWA SANCTIONED EVENT.		
AWARDS	INDIVIDUAL:	MEDALS 1 ST – 4 TH	NOVICE: MEDALS 1 ST – 4 TH
ENTRY FEE	\$10		
MEMBERSHIP	SEE: WWW.MYWAYWRESTLING.COM AND CLICK ON MEMBERSHIP		
ADMISSION	\$3.00 ADULTS, \$2.00 CHILD		
AGE GROUPS	AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLERS BIRTHDAY AS OF DECEMBER 31, 2011) <i>PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION. A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.</i>		
RULES	MODIFIED HIGH SCHOOL RULES <ul style="list-style-type: none">• MUST BE IN GRADE 8TH OR UNDER. ANYONE BORN IN 96 MUST SEND PROOF THEY'RE IN 8TH WHEN REGISTERING FOR MYWA.• ALL MICHIGAN RESIDENTS MUST BE A MYWA MEMBER TO COMPETE IN POST SEASON EVENTS.• AGE GROUPS 07-05, 04-03: THREE, 1 MINUTE PERIODS• AGE GROUPS 02-01, 00-99, 98-97 (96 8TH GRADE ONLY): THREE, 1 1/2 MINUTE PERIODS• SINGLETTS OR T-SHIRT AND SHORTS ARE REQUIRED.• ONE STEP ON SCALE AT WEIGH-INS• MOUTH GUARDS MANDATORY FOR WRESTLERS WITH BRACES• HAIR CAPS ATTACHED TO HEADGEAR MANDATORY FOR WRESTLERS NOT GROOMED TO HS STANDARDS. (HAIR LENGTH MUST BE ABOVE EYEBROW, EARLOBES, AND COLLAR.)• IF LESS THAN THREE WRESTLERS ARE IN A WEIGHT CLASS, THE TOURNAMENT HAS THE RIGHT TO MOVE THEM UP ONE WEIGHT CLASS (IN THE SAME AGE GROUP) EXCEPT FOR HEAVYWEIGHT.		
WT. CLASSES	07-05:	37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT	
	04-03:	40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT	
	02-01:	47, 51, 55, 59, 63, 67, 71, 75, 80, 85, 90, 95, 100, 110, 130, 150, HWT	
	00-99:	55, 60, 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT	
	98-97:	(96 8 TH GRADE ONLY): 70, 75, 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT	
OTHER INFO	ONLY TWO COACHES PER MAT WILL BE PERMITTED AT ALL TIMES. ANYONE OPERATING VIDEO EQUIPMENT ON THE MAT WILL BE CONSIDERED ONE COACH.		
CONTACT	MIKE NAPIERAJ – MYWAYMETRO@HOTMAIL.COM COACH DELIA - deliavitvdps@hotmail.com		