

**8th International Congress of Coaching Psychology 2018**  
**Coaching & Positive Psychology: Enhancing Resilience, Performance and Health**

**DAY 1 TIMETABLE**

**Thursday 11th October 2018**

*Canal Side Suite, National Council for Voluntary Organisations, Society Building, 8 All Saints Street, London N1 9RL*

09.30	<b>Registration &amp; Refreshments (Room 10M)</b>		
<b>Stream 1(Room 8M + 9M)</b>		<b>Stream 2 (11M + 12M)</b>	
10.00	<b>Dr Rachael Skews</b> Using Psychological flexibility in your coaching	10.00	<b>Dr Ceri Sims</b> Appreciative Coaching as a positive and coaching psychologist
11.15	Refreshment Break & Networking	11.30	Refreshment Break & Networking
11.35	<b>Dr Rachael Skews</b> Using Psychological flexibility in your coaching	11.50	<b>Dr Ceri Sims</b> Appreciative Coaching as a positive and coaching psychologist
12.45	Lunch Break & Networking	13.15	Lunch Break & Networking
13.30	<b>Dr Rachael Skews</b> Using Psychological flexibility in your coaching	14.00	<b>Dr Ceri Sims</b> Appreciative Coaching as a positive and coaching psychologist
15.05	Refreshment Break & Networking	15.20	Refreshment Break & Networking
15.25	<b>Dr Rachael Skews</b> Using Psychological flexibility in your coaching	15.45	<b>Dr Ceri Sims</b> Appreciative Coaching as a positive and coaching psychologist
17.00	<b>Close</b>		