

Yummy Pumpkin Seed Recipe:

2 c. pumpkin seeds

1 tsp. Worcestershire sauce

1 1/2 Tbs. melted butter

1 1/4 tsp. kosher or sea salt

Combine all ingredients and toss with the seeds. Spread on a cookie sheet and bake at 250 for 1-2 hours or until done.

Enjoy the baked goodness!