

Terry & Caroline French*

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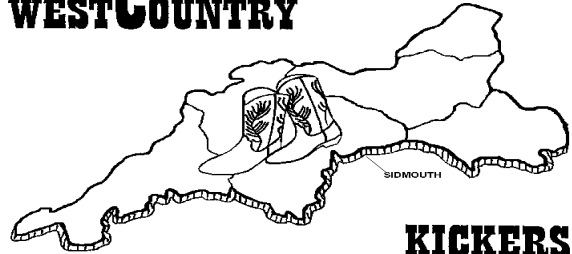
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Qualified Instructor with the

D&G Organisation for
Country Western Dance Instructors.

WESTCOUNTRY



Listen to your woman

Choreographed by: Terry and Caroline French 04/2006

Description: 48 count partner circle dance

Starting position: Gent facing OLOD, Lady facing ILOD, double hand hold

Music: "Listen To Your Woman" by Steve Kolander Cd: Scoot Over, Move Closer (Slow, 88 bpm)

"One Day You Will" by Martina McBride Cd: Evolution (Medium, 103 bpm)

"Sometimes She Forgets" by Travis Tritt Cd: Greatest Hits (Medium, 103 bpm)

Gent

ROCK STEP, SHUFFLE, ROCK STEP SHUFFLE

- 1-2 Rock back on left, recover onto right
3&4 Small shuffle forward stepping left, right, left
5-6 Rock forward onto right, recover onto left
7&8 Small shuffle back stepping right, left, right

Lady

- Rock forward on right, recover onto left
Small shuffle back stepping right, left, right
Rock back on left, recover onto right
Small shuffle forward stepping left, right, left

SIDE, BEHIND, SIDE SHUFFLE WITH ¼ TURN, STEP, ½ TURN, FORWARD SHUFFLE

(Release leading hands on 12, release inside hands on 14, join new inside hands on 15)

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|--|--|
| 9-10 Step left to left side, cross right behind left | Step right to right side, cross left behind right |
| 11&12 Step left to left side, step right beside left,
Step left ¼ turn left to FLOD | Step right to right side, step left beside right,
Step right ¼ turn right to FLOD |
| 13-14 Step forward on right, pivot ½ turn left | Step forward on left, pivot ½ turn right |
| 15&16 Shuffle forward (RLOD) stepping right,
left, right | Shuffle forward (RLOD) stepping left,
right, left |

ROCK STEP, BACKWARD SHUFFLE, BACK, STEP BACK, ¼ TURN, CROSS SHUFFLE

(Join Gent's right/Lady's left into double hand hold on 22)

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|--|--|
| 17-18 Rock forward on left, recover onto right | Rock forward on right, recover onto left |
| 19&20 Shuffle back stepping left, right, left | Shuffle back stepping right, left, right |
| 21-22 Step back on right, turning ¼ turn left step left to left side
(facing partner) | Step back on left, turning ¼ turn right step right to right side
(facing partner) |
| 23&24 Cross right over left, step left to left side, cross right over left | Cross left over right, step right to right side, cross left over right |

¼ TURN, ½ TURN, ¼ TURN SIDE SHUFFLE, ROCK STEP, ¼ TURN, TOUCH

(Release Gent's right/Lady's left hands on 25, release Gent's left/Lady's right and join Gent's right/Lady's left on 26, then into double hand hold on 27)

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|---|--|
| 25-26 Turning ¼ turn right step back on left, turning ½ turn right
step forward on right (facing LOD) | Turning ¼ turn left step back on right, turning ½ turn left step
forward on left (facing LOD) |
| 27&28 Turning ¼ turn right step left to left side, step right beside
left, step left to left side (facing partner) | Turning ¼ turn left step right to right side, step left beside right,
step right to right side (facing partner) |

(Release Gent's left/Lady's right hands on 31)

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|---|---|
| 29-30 Rock back on right, recover on left | Rock back on left, recover on right |
| 31-32 Turning ¼ turn left step back on right, touch left beside right
(facing LOD) | Turning ¼ turn right step back on left, touch right beside
left (facing LOD) |

GENT: CROSS, SIDE, TRIPLE STEP

(Release hands on 33-34, Gent crosses in front of Lady, join Gent's left/Lady's right hands on 35&36)

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|--|---|
| 33-34 Step left across right, step right to right side (changing sides
with partner) | Turning ½ turn behind Gent step right to right side, turning ½
turn right step left to left side |
| 35&36 Triple step (slightly back) stepping left, right, left
(Lady turns in front of Gent on 37-38, joined hands going over Lady's head and go into closed western position) | Triple step (slightly forward) stepping right, left, right |
| 37-38 Cross right behind left, step left beside right (facing LOD) | Step left across right (starting ½ turn left), completing ½ turn
left step back on right (facing RLOD) |

- 39&40 Shuffle forward stepping right, left, right

Shuffle back stepping left, right, left

WALK, WALK, FORWARD SHUFFLE, ROCK STEP, TURNING TRIPLE STEP

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|--|--|
| 41-42 Walk forward stepping left, right | Walk back stepping right, left |
| 43&44 Shuffle forward stepping left, right, left | Shuffle back stepping right, left, right |
| 45-46 Rock forward on right, recover onto left | Rock back on left, recover onto right |
| (Gent's left/Lady's right hands over Lady's head on 47&, join Gent's right/Lady's left hands into double hand hold on 48) | |
| 47&48 Triple step ¼ turn right stepping right, left, right | Triple step ¾ turn left stepping left, right, left |

START AGAIN