



# U3A LOWER NORTH

*Sharing Skills and Experience with Friends*

APRIL 2018



TERM TWO

University of the Third Age Lower North Incorporated



Post Office Box 480, Clare, South Australia, 5453



Phone 0447 601 142

Email [u3alownorth@gmail.com](mailto:u3alownorth@gmail.com)

Secretary: Beth Smith 8842 2506, [bethsmith43@outlook.com](mailto:bethsmith43@outlook.com)

Course Co-ordinator: Quentin Fleming 0447 601 142, [asku3a@gmail.com](mailto:asku3a@gmail.com)

Chairman, newsletter & website: Claire Eglinton, 8842 3939, [eclair5453@gmail.com](mailto:eclair5453@gmail.com)

Publicity Officer: Justin Brady 8843 9212, [elizabethbrady3@bigpond.com](mailto:elizabethbrady3@bigpond.com)

U3A Lower North website: [www.u3alownorth.webs.com](http://www.u3alownorth.webs.com)

## *Dear Members,*

Greetings from a happy hollow in the Clare Valley experiencing some perfect autumn weather.

Term 1 is always busy with an influx of new members and everyone re-enrolling creating a lot of paperwork to be processed.

New members are reminded to note the times and venues for any classes and assume acceptance. We only contact people in the rare case of an enrolment not being successful. If you can't remember or directions are vague, by all means phone the course co-ordinator, secretary or even the group leader. The best policy is to just cut off the bottom section which has to be filled in and retain the upper part. If you have lost your copy of the newsletter, you will find all back copies on the U3A Lower North website: [www.u3alownorth.webs.com](http://www.u3alownorth.webs.com).

We have recently formed a Program Sub-committee. There have always been people apart from the Program Co-ordinator doing chores like the newsletter but this has formalised the responsibilities of each person. Beth Smith is in charge of venue bookings. As well as badge printing, the affable Ian Foster will be phoning group leaders to listen to any problems they may have and taking note of any irregular start dates, etc., so we have them before the newsletter is printed NOT after.

*Hope to see you on the bus,  
Claire*

## **Musée d'Orsay Colours of Impressionism Art Exhibition Bus Trip 18 April**



It is not every day you can set off from Clare by bus to see the best of French art and be home in time for tea. The current exhibition at the Adelaide Art Gallery featuring master works from the Musée d'Orsay in Paris gives us that opportunity. It is the sort of thing most of us would spend a half day doing if we were visiting Paris so it is wonderful that we can tick it off our list in our home city without queuing.

Technically bookings have closed but it is still worth asking Pauline Read as there are invariably some late cancellations.

**Pauline can be contacted on 0400 010 879.**

A very reasonable \$55 includes the bus, admission and a guided tour of the exhibition.

Date: Wednesday 18 April. Depart Clare: 8.30 am (pick up Gleeson Street car park)

Payment online to U3A Lower North Inc. BSB 085 558, Account No 748828019 for ID use surname followed by initial.

## NEW PREMISES

Our move into new premises at the Clare Town Hall has gone relatively smoothly. We are just learning to negotiate the inevitable speed humps of sharing a space with other stakeholders.

Please note there is no access to our office on Wednesdays as this disturbs TAFE who have priority.

In second term we won't have use of the Stan Scott meeting room for the first 3 weeks due to repainting and then paintings (Rotary Art Show). Luckily the Art House at 8 Mill Street is available as an alternative venue. Some groups might like to meet there regularly. (Excellent parking.)

The Art House opening was impressive. Despite early rain it was an excellent do and set the bar high for future events there. Well done to everyone involved especially the caterers, the Watervale General Store, who soared above their humble name.

At the Town Hall we still have some teething issues to sort out like signage and a space for our letterbox but otherwise we have fitted in quite well. One of our committee will be attending future meetings of the Town Hall Management Committee. Our plan to buy another 6 executive chairs to furnish the Clerk's Office meeting room was vetoed and it was a learning opportunity for us in consultation and balancing the needs of all stakeholders. Fortunately the \$600 grant funding could be redirected elsewhere.

The 6 existing chairs have been herded into the Argus Reading Room so if you need some comfortable seating you will have to roll them in and out of there.

Caretaker Jen Chestnut does a splendid job of setting up the rooms so please leave them as you found them and wash up mugs properly. For those who don't like washing up or if you are in the Clerk's Office which only has disposable cups, do consider bringing along your own mug.

It might not be in the same class as our previous one but we do encourage all group leaders to make use of our office. In it you will find not only the printer but all office supplies and small equipment such as laminator and guillotine. None of these should leave the office without prior consent but can be used by committee and group leaders on site.

## CLASS NEWS

During the year we are offering about 30 different activities. The three new groups trialled in Term 1 will continue but that is balanced by some losses.

**Law Talk** with Christopher Cocks attracted a good sized group but by pulling the chairs out to the walls we managed to accommodate everyone in the Stan Scott room. There will only be one session per term but given the meaty subject matter perhaps that is all we need. Weekly murders are best kept for Midsomer.

It was decided to hold these sessions on the first Wednesday of each term but, as the venue is now unavailable for the first 3 weeks of Term 2, the next session has been deferred to 30 May.

**Electronic Kit Building** proved less popular but Quentin is happy to keep going even if it is 1-to-1.

**Current Affairs** attracted a modest enrolment but dropped sharply. When nothing is said and no apologies submitted we don't know if it's an unpopular format or absentees have succumbed to the usual triumvirate of holidays, child minding and medical appointments.

Continuation past next term may depend on enrolments. We would consider a change of day as access to the Clerk's Office would allow access to screening news and documentary footage.

All members are reminded to lodge apologies if they are unable to attend their groups as it makes the life of group leaders a lot easier if they know how many will be attending.

Our apologies that **Italian for Travellers** will not make its promised reappearance this year. In her Meditation for Relaxation group Anne Smith promotes self-care and she says it is time to practice what she preaches. Between leading the meditation group and multiple overseas trips Anne has quite a bit on her plate this year leaving no time or energy for teaching Italian.

Another group not on the list is **Learn a Musical Instrument** due to lack of expressions of interest. Members from other U3As were looking enviously at this novel and generous offer from Leonie Moore but sadly no takers locally.

Both **Auburn Walking Group** and **Irish Language and Culture** have gone into recess. Whether that is temporary or permanent depends on local demand. Our thanks to Jan Bowles and Ian Bails.

## WE DEPEND ON VOLUNTEERS

Some volunteer campaigns have soppy slogans like 'Give happy: Live happy' but this one tells it like it is:



The signs are available on Amazon but unfortunately don't ship to Australia or they would be dotted around every country town.

Please let us know if you have any special skills like a second language, accountancy, being computer savvy, a maestro of social media or kite flying. We have jobs big and small and even if we don't have a role for you at the moment, it is always wise to know who we can call on if an emergency should arise. After all, our committee members are not immune to needing time off for health and family reasons, not to mention well-deserved holidays.

## GROUP LEADERS EVENT

Shortly after the commencement of our year's activities we usually hold an evening where group leaders and committee can mix, learn a little about each other and exchange ideas on improving U3A.

This year we shook it up by making it a daytime event and scheduling it for the week before classes started. For some it was the first view of the new office. The topic for the session was the importance of preparation and training. For those who didn't make it, I would like to extend our offer of one-on-one computer help or anything else which would make your U3A work easier.

Once everyone had patiently listened to me there was a speedy exit to the adjacent pub for lunch.

Unfortunately most of the committee had quick chores to complete and arrived just in time to be lumped together at the second table. That rather limited the committee/leader dialogue but plans are in place for a better system in future.

## SA AUTUMN GARDEN FESTIVAL

Our Art Group is wonderfully active. After the Impressionism bus trip their next venture will be a stand at the Garden Festival on Sunday 29 April from 10 to 4 at the Clare Showgrounds.

Sale of larger art works might be infrequent but their greeting cards are in hot demand. As well as selling their art they wave the U3A flag, handing out brochures and information to the general public.

## EARLY BIRDS SAVE \$10

Our fee is now \$35 but the committee has decided to allow the early bird rate of \$25 for new members if they enrol and payment is received before this term's deadline of Monday 23 April.

Payments can be made 2 ways:

- post cheques made out to 'U3A Lower North Inc.' to PO Box 480, Clare, 5453; or
- pay online. (U3A Lower North Inc., No. 748828019; BSB 085 558. For ID use surname followed by initial, e.g. John Smith = smithj. Emails to u3alownorth@gmail.com).

## DATES FOR 2018

2018 has four 8-week terms divided by 3 or 4-week holiday breaks. If meeting outside these dates inform the secretary to protect group leader insurance.

**TERM 1:** \_\_\_\_ Friday 9 February to Monday 9 April

**TERM 2:** \_\_\_\_\_ Monday 7 May to Monday 2 July

**TERM 3:** \_\_ Monday 30 July to Friday 21 September

**TERM 4:** \_\_ Monday 15 October to Fri. 7 December

Annual General Meeting: \_\_\_\_\_ Friday 2 November

End-of-year lunch & movie: \_\_\_\_\_ Friday 7 December

## NAME TAGS

Ian Foster has taken over the job of printing and distributing the free conference style name tags. By now everyone should have received theirs. If yours is lost or has just become tatty through use, let the Secretary know and Ian will spring into action.

The order for the hard plastic name tags (\$12) has been submitted but they have only just been printed. We will distribute those at the start of term 2.

We won't be advertising those again until the end of year as the next order will only go in next year once we have a list of all the new members.

*oOo*

*Middle age is when your broad mind and narrow waist begin to change places.*

*oOo*

## 2018: SECOND TERM ACTIVITIES

CLASS	LEADER	TIME	STARTS	VENUE
Art	<i>Gerald Moore</i>	Wed 9:30am – 1:30pm	7/5/2018	Auburn oval
Book Group	<i>Marianne Holliday</i>	Alt Thu 10:30am – 12noon	17/5/2018	Clare Library
Chess	<i>Ian Bails</i>	Tue 2:30 – 4:30pm	8/5/2018	Essington Mews
Chinese (Mandarin)	<i>Ron Bevan</i>	Mon 10am – 12noon	7/5/2018	Clare Town Hall
Coffee & Chat	<i>Val Tilbrook</i>	Wed 10:30am	9/5/2018	Various
Computing 1	<i>Quentin Fleming</i>	Fri 10 am – 12 noon	11/5/2018	Clare Town Hall
Computing 2 iPads	<i>Marian Wicks</i>	Tue 12 noon – 1:30pm	8/5/2018	Clare Town Hall
Contract Bridge	<i>Eleanor Thomas</i>	Thu 3pm	10/5/2018	St Barnabas, Clare
Cryptic Crosswords	<i>Greta Handmer</i>	Alt Thu 10:30am – 12noon	10/5/2018	25 Edward St, Clare
Current Affairs	<i>Claire Eglinton</i>	Alt Wed. 11am – 12.30 pm	9/5/2018	8 Mill St, Clare
Drumbeat	<i>John Monten</i>	Mon. 10am – 12 noon	7/5/2018	St Barnabas, Clare
Electronics, Kit build.	<i>Quentin Fleming</i>	Fri. 1 – 3 pm	11/5/2018	Clare Town Hall
Exercise 1	<i>Chris Roberts</i>	Tue 9 – 10am	8/5/2018	Lutheran Hall
Exercise 2	<i>Chris Roberts</i>	Tue 10 – 11am	8/5/2018	Lutheran Hall
Film Group	<i>Val Tilbrook</i>	1st Tue 2pm	8/5/2018	Blyth Cinema
French 1 Basics*	<i>Claire Eglinton</i>	Thu 9.30 – 10.30 am	10/5/2018	Clare Town Hall
French 2*	<i>Claire Eglinton</i>	Thu 10.45 am – 12.30 pm	10/5/2018	Clare Town Hall
Furniture Restoration	<i>Barrie Smith</i>	Wed 10am – 12noon	9/5/2018	12 Guildford St, Blyth
History	<i>Val Tilbrook</i>	Fri 10am – 12noon	11/5/2018	St Barnabas, Clare
Knit and Sew	<i>Mary Clark</i>	Tue 2 – 4pm	8/5/2018	Clare Town Hall
Law Talk	<i>Christopher Cocks</i>	Wed 2 – 4 pm	30/5/2018	Clare Town Hall
Mah-jong, Auburn	<i>Sue Beaton</i>	Tue 1 – 3pm	8/5/2018	Mellers, Auburn
Mah-jong, Clare	<i>Pam Murray</i>	Wed 2 – 4pm	9/5/2018	St Barnabas, Clare
Meditation (relaxation)	<i>Anne Smith</i>	Mon 1 – 2.30pm	7/5/2018	Clare Town Hall
Music Appreciation	<i>Helen Weckert</i>	1 <sup>st</sup> , 3 <sup>rd</sup> Wed 2pm	15/5/2018	10 March Ct, Clare
Petanque	<i>Jim Morran</i>	Mon 1.30 pm	7/5/2018	Cent. Pk, Auburn
Quilting	<i>Diane Richardson</i>	Thu 10am – 1pm	10/5/2018	St Barnabas, Clare
Scrabble	<i>Carol Stewart</i>	Mon 1:15pm	7/5/2018	St Barnabas, Clare
Walking, Clare	<i>Margaret Daly</i>	Mon 8 am	7/5/2018	Lennon St east

\* French class requires some prior knowledge of the language, no matter how rusty.



**PLEASE RETURN** new enrolments to Course Co-ordinator, Quentin Fleming, preferably before Monday 23 April at P.O. Box 480, Clare SA 5453, or phone 0447 601 142, or email asku3a@gmail.com

Enrol me in the following group/s: \_\_\_\_\_

Name: \_\_\_\_\_ Current Member? Yes / No

Address: \_\_\_\_\_

Telephone: \_\_\_\_\_ Mobile: \_\_\_\_\_

Email: \_\_\_\_\_ Year of birth: \_\_\_\_\_ Country of origin \_\_\_\_\_

**Newsletters** by post [ ] or email [ ]. **Payment** by cheque [ ] cash [ ] EFT [ ] All options overleaf  
 Subscription \$35 or new member \$25 early bird rate if payment received before 23/4/18; Total \$ \_\_\_\_\_

*All information kept in accordance with U3A Lower North Inc. privacy policy*