

COURSE LIST

WINGS THERAPIES ENERGY CENTRE

www.wingstherapies.com

www.onehealing.com



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PLEASE CHECK
WWW.ONEHEALING.COM/LISTOFCOURSES.HTM FOR
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Usui Shiki Reiki Ryoho - Traditional Western Reiki.

Much has been written about distant attunements in Reiki and my experience of distant attunements shows that these are just as effective as in person attunements.

The three levels listed below are for the Traditional Western form of Reiki called Usui Shiki Reiki Ryoho which was brought to the west by Mrs Takata. This is the most popular form of Reiki being taught and is the ideal course to start with on your Reiki journey.

I will send you the detailed manual and handouts by email and arrange a suitable time to send you the attunement distantly. Before the attunement any questions will be answered so that you will be confident with using your Reiki abilities after the attunement.

For the attunement you need to relax in a room where you will not be disturbed for about 30 minutes. Again ongoing support will be offered.

My prices are competitive because I believe that Reiki should be available to everyone at an affordable price. I am fully trained and qualified in the many forms of Reiki that I offer on my site and pass my attunements professionally and with attention to detail.

Details about each level can be found below and the relevant paypal buttons are shown. If you would like to pay by UK cheque or International Money Order please email me at info@onehealing.com

Usui Shiki Ryoho Reiki Level I

At level I in Usui Reiki you will be introduced to this wonderful energy and attuned to it via a distance attunement.

You will receive a comprehensive manual by email which will teach you the origins of Reiki, how to perform a self treatment and treatments on friends, families and animals.

After receiving the attunement to Level I you will receive a certificate by post and will be offered ongoing support by email.

You will be required to send in two case study reports by email - one for a self treatment and another for a treatment given to another person.

Usui Shiki Ryoho Reiki Level II

Once you are comfortable with Usui Level I you may progress onto Level II where you will be shown and attuned to three symbols which will amplify your Reiki abilities and enable you to send healing distantly to people wherever they are in the world.

You will be required to send in two case study reports by email - one for a self treatment and another for a treatment given to another person.

Usui Shiki Ryoho Reiki Master/Teacher

At Master/Teacher level you will be shown and attuned to one Master Symbol which will amplify your abilities further and also enable you to pass attunements to other students in all three levels of Reiki.

You will receive one attunement, manuals for all three levels of Usui Shiki Ryoho by email and a printed certificate by post. Again, ongoing support will be offered to you. You will also be given guidance on what to teach in your own courses. Not all students who become Master/Teachers actually teach Reiki - many receive the Master/Teacher attunement for their own development.

You will be required to send in two case study reports by email - one for a self treatment and another for a treatment given to another person.

You will need to have already been attuned to Level II in Usui Shiki Ryoho to receive this attunement.

If you pay for all three levels at the same time you may receive the three levels at a reduced price. You can take as long as you like to complete the three levels.

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Original Usui Reiki

The original Japanese form of Reiki is markedly different from the manner in which it has ended up being practised in the West. Originally known as Usui Teate, it was considered a spiritual path to enlightenment, based around meditation, self-healing and regular spiritual empowerments. Considerable emphasis was also placed on the importance of living and practising the Reiki precepts.

Usui's system was deeply rooted in Tendai Buddhism and Shintoism, with Tendai Buddhism providing the spiritual teachings and Shintoism contributing methods of controlling and working with the energies.

This integrated Reiki course takes Western-style Reiki back to its traditional Japanese roots and reveals the original practices and techniques established by Mikao Usui in the 1920s.

Remarkably, about a dozen of his students are still alive, the youngest of whom is 107 years old. They will only speak with one or two people in the West, and much of the information contained within this course has been shared with Chris Marsh, a Reiki Master and high-level Japanese martial arts practitioner from the North East of England.

The remainder of the information has been uncovered by Frank Arjava Petter (a Reiki Master living in Japan) and Hiroshi Doi (a member of the Usui Reiki Ryoho Gakkai). However, the most reliable and exciting material comes from Usui's surviving students.

Shoden (First Degree)

The First Degree or Shoden level covers the accurate history of the origins of Reiki, and the differences between Japanese and Western Reiki. Daily energy exercises to help strengthen and purify the Reiki channel known as Hatsurei Ho will be learnt, as well as Usui's original self-treatment approaches (including a powerful self-treatment meditation).

You will receive 3 Reiju empowerments (using Usui's original method) to connect you to the Reiki energy.

The following topics, and much more, will be covered in the course:

- What is Reiki?
- The history of Reiki.
- The Usui Memorial.
- The Reiki Principles.
- Poems of the Meiji Emperor.
- The original Japanese form of Reiki.
- What you will feel when treating others.
- What people feel when they are being treated.
 - The effects of Reiki attunements.
 - The effects of Reiki on patients.
 - Using Reiki with other therapies.
 - Hatsurei Ho.
 - Self-treatments.
 - Giving Reiki treatments.
 - Distant healing.
- Treating plants and animals.

Prerequisites: None.

Okuden Level II

At this level you will learn the original Usui Japanese energy exercises to further develop your intuition, along with Western techniques to assist your own personal growth and healing. The 3 Reiju empowerments given in this course will enable you to 'hold' and channel more energy than before. These empowerments also serve to connect you strongly to aspects of the energy, which are represented by the Reiki symbols.

Methods for using the 3 Reiki symbols and mantras will be covered, including their use as a basis for self-treatment, as a means of making treatments stronger and more effective, plus some other simple approaches from Japan.

The following is a selection of the material covered:

- The Reiki kotodama: an original method of connecting to the Second Degree energies.
- Original methods for using the symbols, including a symbol meditation.
 - Methods for increasing the flow of energy.
- Usui's scanning and intuitive techniques, known as Byosen Reikan Ho and Reiji Ho (which allow the Reiki energy to guide the hands, instead of rigidly following the set hand positions).
 - Reiki treatments.
 - Specific treatment techniques.
 - Distant healing.
 - Intuition and intent.
- Healing with the eyes and breath (Gyoshi Ho and Koki Ho).
 - Grounding and protection.

Shinpiden (Master Level)

The Shinpiden course concentrates on three main areas: the use of Reiju empowerments, the use of kotodama at Master level, and ways of empowering yourself.

As this is an integrated course, you will learn the Western-style attunement methods in addition to the original Japanese Reiju empowerments. Reiju was the means by which Usui connected his students to Reiki, and by repeating them at regular intervals, both spiritual development and sensitivity to the energy can be enhanced and the intuition strengthened. The use of kotodama (sacred sounds) in healing and attuning will also be explored - these are wonderful Shinto mantras, which predate the use of the Reiki symbols.

You will experience a considerable increase in the flow of healing energy at this level, as the Master empowerments and attunements fully open your energy system to Reiki, and this will also increase the effectiveness of your treatments. This course includes many additional techniques, which will enable you to treat others more effectively and you will receive indepth instructions for passing the Reiki ability to others.

The following is a partial list of subjects covered at this level:

- Detailed history and background of Reiki.
 - Overview of Usui's system.
 - Energy exercises.
- The role of 'mindfulness' in Usui's system.
 - The Reiki Kotodama.
 - Working with intuition.
- Usui's crystal healing method.

- 'Gakkai' Reiki Techniques (see Masters Update course for full list).
- Reiju empowerments.
- Reiju variations.
- Western attunement procedures.
- Lotus Repentance Meditation.

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THRESHOLD REIKI

Threshold Reiki was created by Rick Rivard and is an indepth and extensive system that combines Western and Japanese Methods.

There are 4 degrees in this system and you will receive attunements to both the unique blend of Threshold Reiki and also experience a mix of Japanese energies.

The lineage for this course is extensive and is listed in the lineage section of the website.

For each level you will receive an in depth manual by email in pdf format, one Western attunement and experience a Japanese Empowerment and a printed certificate which will be sent by post.

For details on each level and its contents please see below.

LEVEL I

- Introduction
- Explanation of Reiki

- Receive the distant attunement to Threshold Reiki I
- The body's auras and chakras
- Self-Treatment
- Reiki History
- Reiki Session
- Taking Reiki into everyday life
- Scanning your body's energy
- Giving treatment to another
- Scanning another body's energy
- Treating a person front/back
- Balancing the Chakras
- Finishing a session
- Hasurei-Ho meditation
- Receive distant Reiki
- Receive Reiju empowerment to a mix of Japanese energies
- Give a distant treatment to a friend or family member
- Usui Reiki Ryoho Techniques of Shoden

LEVEL II

- Introduction
- Receive Reiki I attunement Threshold Style if not received before
- Receive Threshold Reiki II attunement
- Reiki symbols : origins/properties
- The Traditional symbols
- Distant symbol
- Tera Mai symbols
- Beaming
- Symbols, scanning, beaming in a treatment
- Distant Reiki
- Some Traditional hand positions
- Healing crisis
- Receive Reiju empowerment to a mix of Japanese energies

- Give a treatment to a friend or family member using symbols, scanning and beaming
- Usui Reiki Ryoho Techniques of Okuden

LEVEL III

- Receive Reiki III attunement
- Reiki III symbols explained
- Affirmations with Reiki
- Reiki III meditation
- Reiki crystal grid
- Reiki aura surgery
- Receive Reiju empowerment to a mix of Japanese energies
- Give a friend or family member a complete Reiki treatment using aura surgery and all symbols learned
- Usui Reiki Ryoho Techniques of Shinpiden
- Learn a simple attunement technique to attune friends and family to Reiki.

MASTER/TEACHER LEVEL

Prerequisite Threshold Reiki Level III

- What is Usui-Do?
- Origin of the term 'Reiki'
- Usui Reiki Ryoho : Original meaning
- Receive Reiki I, II and III attunements Threshold Style if not received before
- Receive Reiki Master integrated attunement
- What it means to be a Reiki Master
- Review Threshold Reiki II and III symbols
- Reiki Master Meditation
- Understanding the concepts of attunements
- Review simple attunement

- Practice attunement contractions
- Practice attunement breathing techniques
- Practice lifting occipital ridge
- Symbols used when lifting occipital ridge
- Read and practice Reiki I attunement process
- Read and practice Reiki II attunement process
- Read and practice Reiki III attunement process
- Read and practice self-attunement process
- Read and practice distant attunement process
- Antakharana
- Reiki Master symbols
- Read and practice Reiki Master attunement
- Read and practice Healing attunement
- Read and practice Symbol attunement
- Receive Healing attunement Threshold Style
- Receive empowerments to Japanese energies
- Read and practice Hasurei-Ho
- Gendai Reiju
- Gendai Power Reiju
- Gendai Self Reiju
- Hayashi/Tatsumi attunements
- Perform Reiki I, II or III attunement on a friend or a family member
- Perform Healing attunement on a friend or a family member
- Perform Reiki Master attunement on a friend or a family member
- Usui Reiki Ryoho Workshop Manual

Kundalini Reiki Course

Ole Gabrielsen (Founder of Kundalini Reiki) has recently introduced a new attunement method to Kundalini Reiki which makes the attunements more powerful. I have received these attunements from Ole and the difference is amazing. The new Level I attunement is as powerful as the previous Level III attunement and adds extra qualities to this great healing system.

If you wish to learn Kundalini Reiki you must begin with Kundalini Reiki Level 1 even if you are a Master in another form of Reiki. The cost of this course includes all three attunements to Master Level. There are no prerequisites to receiving the Kundalini Reiki course although I personally feel that if you have already learnt Usui Reiki Level I you will have a greater understanding of Reiki in general which will assist you with Kundalini Reiki.

Kundalini is an amazing healing technique that is simple to use. You will receive 3 distant attunements which open and strengthen then energy channels in your body. This enables Reiki energy to flow through your body and release any energy blockages.

Kundalini awakening starts at the Base Chakra which is the entrance for the Kundalini Energy. After entering the body the energy runs up through the main energy channel and exits through the Crown Chakra. When your Kundalini is opened a complete cleansing of the chakras and energy channels will occur over a period of time.

Kundalini Reiki is similar to the traditional systems of Reiki, but once your Kundalini has been awakened in this safe manner your Reiki Healing abilities will be much improved.

If people have previously had problems with a Kundalini Awakening, a Kundalini Reiki treatment can often help. When you have your Kundalini awakened through Kundalini Reiki your Chakras are opened from the base to the Crown so Kundalini energy is released through the Crown chakra and there can be no build up of energy.

Kundalini Reiki 1 –

When you receive your first attunement your healing channels are opened to enable channelling of Reiki energy. While this is happening your body is prepared for the Kundalini awakening in Kundalini Reiki 2. The Crown, Heart and Hand Chakras are opened and strengthened which allows healing of the person being attuned and of clients. You will be shown how to perform a healing treatment and how to heal distantly.

Kundalini Reiki 2 –

In this attunement and level, a Kundalini awakening takes place. Channels are strengthened and the main energy channel is opened safely. At this stage the Kundalini energy can travel from the base chakra to the Solar Plexus chakra. This prepares the way for a full Kundalini awakening at the next level. You will learn a meditation technique which increases the power of the Kundalini energy. This enables further cleansing to occur.

Kundalini Reiki 3 (Kundalini Reiki Master) –

The Throat, Solar Plexus, Sacral and Base chakras are opened and strengthened further. The 'Kundalini Fire' is also strengthened and flows up and out of the Crown chakra, and a full rising of the Kundalini takes place. You will learn how to attune others, as well as objects such as crystals, so that they can be used as Reiki channels. You will also be instructed on using the following extra, included attunements:

1. Balance All.
2. Diamond Reiki.
3. Crystalline Reiki.
4. DNA Reiki.
5. Birth Trauma Reiki.
6. Location Reiki.
7. Past Life Reiki.

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KUNDALINI REIKI BOOSTERS 1-6

Kundalini Reiki Boosters 1-2-3

Prerequisite: Kundalini Reiki 1-2-3

Each of these attunements strengthens the previously received attunements: Kundalini Reiki 1-2-3. With each step all chakras, the main energy channel and the channels to the hands are widened and strengthened. After Kundalini Reiki Booster 3, your power to channel Reiki will have been increased approx. 100 percent!

You will also be able to pass on the Kundalini Reiki Booster 1-2-3 Attunements.

Each attunement takes approx. 25 minutes and you need to allow a 5 day gap between each Kundalini Reiki Booster.

Kundalini Reiki Boosters 4-5-6

Each of these attunements strengthens the previously received attunements: Kundalini Reiki 1-3. With each step all chakras, the main energy channel and the channels to the hands are widened and strengthened. After Kundalini Reiki Booster 6, your power to channel Reiki will have been increased approx. 300 percent!

You will also be able to pass on the Kundalini Reiki Booster 4-5-6 Attunements.

Each attunement takes approx. 25 minutes and again you need to allow a 5 day gap between each Booster.

You need to be a Kundalini Reiki Master to receive the Kundalini Reiki Boosters.



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ETHEREAL CRYSTALS 1-9

It is now possible to give a powerful crystal healing, *without* crystals. Through attunement you will gain access to the energy of specific crystals and be able to channel it by intention. These ethereal crystals are much stronger than those found within the Earth. You can place them on the body, just by pointing at a certain area and thinking the stone's name. The stone will disappear when the energy is no longer needed.

In addition, you can create powerful gem elixirs in seconds and increase the strength in certain gemstones by 400%! An Ethereal Crystal healing can stand alone, or be combined with other healing methods, such as Reiki.

In the first 3 levels you will also be taught distance healing and how to pass on Ethereal Crystals 1-2-3, and you will be attuned to the following stones:

Ethereal Crystals 1-2-3:

AMBER
AMETHYST
AQUAMARINE
AVENTURINE
PINK BERYL (also known as Morganite)
BLUE LACE AGATE
BOTSWANA AGATE
GREEN CALCITE
CARNELIAN
CHRYSOCOLLA
CITRINE

CLEAR QUARTZ
DIAMOND
SINGLE TERMINATED CLEAR QUARTZ CRYSTAL
EMERALD
HEMATITE
RED JASPER
MALACHITE
ROSE QUARTZ
RUBY
SODALITE
TURQUOISE

You will need to leave a period of 5 days between Ethereal Crystals 1 and 2, and the same between 2 and 3. Each attunement takes approximately 25 minutes.

You will need to be a Kundalini Reiki Master to receive these attunements

Ethereal Crystals 4-5-6:

In the following 3 levels you will again be taught distance healing and how to pass on Ethereal Crystals 4-5-6, and you will be attuned to further Ethereal Crystals:

ALEXANDRITE
AMAZONITE
AZURITE
BLOODSTONE
GOLD CALCITE
FIRE OPAL
FLUORITE
RED GARNET
JADE

LAPIS LAZULI
MOLDAVITE
MOONSTONE
PERIDOT
PYRITE
BLUE SAPPHIRE
YELLOW SAPPHIRE
BLACK TOURMALINE
VIOLET TOURMALINE
PINK TOURMALINE
DOUBLE TERMINATED CLEAR QUARTZ CRYSTAL

Again there must be a five day gap between Ethereal Crystals 4 and 5, and the same between 5 and 6. Each attunement takes approximately 25 minutes.

Ethereal Crystals 7-8-9

Prerequisite : Ethereal Crystals 1-6

For those students who are currently attuned to Ethereal Crystals 1-6 you may now receive Ethereal Crystals 7-9.

You are attuned to the following stones:

Charoit
Sugilith
Rhodochrosit
Pyritsun
Prasem ("African Jade")
Snowflake Obsidian,
"Apache Tears"
Moqui Marbles
Boji Stones

Tektite
Chalcedon
Larimar ("Atlantis-Stone")
Labradorite
Kunzite
Heliotrop
Cyanite
Apophyllite
Ruby-Zoisite
Tansanite

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GOLD REIKI

You need to be a Kundalini Reiki Master to take this course.

Gold Reiki transmutes fear and darkness into light and joy! Gold Light is the strongest light of transformation in the physical universe!

There is little information on Gold Reiki but it is powerful due to its association with the Gold Ray, which is well known for its purifying powers. This system of Reiki is thought to produce energy that is so pure, that it will raise the vibration of the person being treated to the extent that healing can occur in the physical body.

You can use Gold Reiki as ordinary Reiki, alone or as a combination.

There is a brief manual which is a follow on to the Kundalini Reiki Manual which gives details of how to pass on Gold Reiki Attunements.

You need to leave at least 5 days between Gold Reiki 1 and 2, and the same between 2 and 3. Each attunement takes approx. 25 minutes.

You must be a Kundalini Reiki Master in order to receive the Gold Reiki attunements.

Solar Light Empowerment

The energy of the sun is a warm, high vibrant loving energy that is very beneficial in healing sessions.

Solar light has many excellent properties and the most important is healing and regeneration.

Its energies also promote joy, happiness, peace of mind, calmness and balance. It cleanses and protects from negative energies. It's further great for use in meditation.

Solar Light is excellent in help to overcome grief and sorrow and in help to shed light on a specific issue or situation.

You can use Solar Light as ordinary Reiki, alone or as a combination. It's very easy to use and learn.

The Solar Light Empowerment is received as one attunement. Actually it is 3 attunements that have been gathered into one single empowerment.

You will further learn how to pass on the Solar Light Empowerment.

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FULL SPECTRUM HEALING

Reiki vs. Full Spectrum Healing

Full Spectrum Healing (FSH) consists of all frequencies and is therefore able to heal on all levels. Reiki will "only" reach the green spectre (Green Ray). Imagine a rainbow: The green area is Reiki and the whole rainbow is Full Spectrum Healing. Therefore, where Reiki sometimes fail to heal, FSH will have a much higher success rate! Will also raise the success level for self-healing.

Tachyon vs. Full Spectrum Healing

Tachyon is the source of all frequencies. FSH is all frequencies. This makes FSH much more direct and targeted than Tachyon.

Prerequisite: Reiki 1 or Kundalini Reiki 1.

In this course, you will:

Learn a method to clear your past

Find out how to make your healings more powerful

Use distance healing

Work with the Full Spectrum Angels

Receive 3 attunements

Learn how to pass them on

KARMIC REIKI

Karmic Reiki is an exciting style of Reiki style created by Martyn Pentecost, which although based on Usui Reiki techniques, is used in a slightly different manner in order to deal with the various issues that arise from negative karmic events.

It is primarily an "auric" Reiki and employs incredibly powerful frequencies of energy to vaporise karmic issues, cleanse the shadows of karmic vaporisation and finally connect the client with their guides for complete karmic healing.

There are 5 Karmic Reiki symbols: 2 are used as other Reiki symbols to help ease the effects of 'anonymous' karma, while the remaining 3 'sister' symbols provide extremely powerful frequencies of energy which can bring about remarkable results, including revealing in great detail events from people's past lives.

This is the Reiki version of regression therapy!

You will need to have completed Reiki Level Two to receive this course.

You will receive 2 attunements, an emailed pdf manual and a printed certificate sent by post

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GREEN TARA SEICHIM

Seichim, a word (pronounced "SAY-keem") of unknown origin-but closely related to the ancient Egyptian word sekhem, which means life-force, or energy-is used to indicate a system of healing that many feel has ancient origins in Tibet. This practice is said to have been handed down from very ancient times.

Contents

What Is Green Tara Seichim?

What Is Seichim?

Ancient Origins

Seichim and Buddhism

Origin of the Cult of Tara

Her Name

More Than One Tara? The Two Wives

Green Tara Relation to Amitabha

White Tara

About the Tara Mantras

Who Is Tara and Why Do We Pray to Her?

The Origin of Tara

Why Do We Need to Practice Tara

The Benefits of Tara Practice

Green Tara and the Twenty-One Taras

The Symbolism of Green Tara

The Twenty-One Taras

The Mantra of Tara

Green Tara Heart Exercise

The Popular Mantras of Some Forms of Tara

Other Popular Forms of Tara

a) Kurukulle (Wrathful Red/Black Tara)

b) Norgyun (Peaceful Yellow Tara)

c) Marici (Peaceful Red/Yellow Tara)

d) Red Tara (Peaceful Red Tara)

The Process of Using Green Tara Seichim
4 Tibetan Symbols to Use with the Green Tara Healing Energy
Self-Empowerment Method
Method of Green Tara Empowerment
Tibetan Empowerment Method

**The Green Tara Seichim course is available to current Reiki
Masters.**

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MEDICINE BUDDHA REIKI

Reiki is a well-known healing practice, and many believe that it originates from the Buddhist tradition. As we know it today, Reiki is the work of a Shintoist-Buddhist physician and teacher named Mikao Usui. Usui is said to have discovered a Tantra, or Esoteric teaching, originally given by Shakyamuni Buddha on the practice of the Medicine Buddha. Due to visions he had of the various Buddhas, and the guidance of his own spiritual teacher, he fasted and meditated on the practice and received empowerment directly from the Buddhas. He then adapted the teaching so that it could be practiced by anyone who wished, including non-Buddhists. Some believe that Usui transmitted several forms of Reiki-one for non-Buddhists, one for Buddhists, and one for Tantric (Vajrayana) Buddhists.

This course is very powerful and is derived from the sacred Buddhists scriptures.

The Medicine Buddha is an enlightened being who protects living beings from physical and mental illnesses and other dangers and obstacles, and helps them to eradicate the three poisons-attachment, hatred, and ignorance-which are the source of all sickness and danger.

Prerequisite : You will need to be a Reiki Master to receive this course.

CONTENTS

- **What is Medicine Buddha Reiki**
 - **Ancient origins of healing systems**
- **Introduction to the Medicine Buddha Reiki**
 - **The power of the Medicine Buddha**
 - **Medicine Buddha Sadhana**
 - **Medicine Buddha Sutra**
 - **Using Medicine Buddha Reiki**

- Tibetan short and long mantras
- Visualizing all the Medicine Buddha's
 - 3 Tibetan symbols are taught
- Tibetan Medicine Buddha's mantras
 - Tibetan healing rituals
 - Tibetan empowerment method
 - 2 attunements are given

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TIBETAN REIKI COURSE

Tibetan Reiki is a system of energy healing that helps to bring our energies into balance and harmony. It is difficult to prove or disprove that Tibetan Reiki originated in Tibet as the symbols do not come from the Tibetan Sanskrit language . However the spiritual information of the symbols is similar to that found in many Eastern philosophies.

Regardless of this, Tibetan Reiki is a system of energy that helps in the healing process that is needed by so many people today.

You will learn symbols that help to energise and revitalise the chakras, cleanse and open the third eye, balance and calm chaotic energy in the chakras, increase intuition, strengthen the light body and invoke beneficial spiritual entities.

You will also learn about the Tree of Life Meditation, Usui Master Mantra, Archangel Michael's Sword Technique, Distant healing and how to perform attunements in different ways.

To receive the Tibetan Reiki Attunement you will need to be a Usui Reiki Master.

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SHAMBALLA MULTI DIMENSIONAL HEALING

Shamballa Multidimensional Healing was channelled by John Armitage.

Shamballa Multi Dimensional Healing is similar to Reiki in many ways but it is an independent system. It is a form of energy healing that is effective and therapeutic to give and receive.

Energy of the Ascended Masters and Mahatma Energy is combined with Shamballa Multi Dimensional Healing. It is Multi Dimensional so not only works on the physical level but on all spiritual, mental and emotional levels.

Reiki travels to wherever it is required in the body and energy field - so does Shamballa.

Wherever you place your hands on the body, the energy will find it's way to where it is needed. Shamballa is a wonderful energy that is great to use for both the recipient and practitioner alike. A typical Shamballa MD Healing treatment takes about 10 minutes.

The four Shamballa attunements open you to receive up to 352 etheric symbols. You don't need to know all these symbols as they will come to the practitioner intuitively if they need to be consciously known.

You do not need to have been initiated into Reiki to learn Shamballa, although the two do work well together.

SACRED FLAMES REIKI

Sacred Flames Reiki (SFR) is a powerful system compiled by Allison Dahlhaus from different resources (in the physical and spiritual realms) to share with all those drawn to it. SFR is a set of guided visualizations and meditations designed to help the body, mind, and spirit heal themselves, and/or to maintain good balance within the systems of the body, both physically and energetically. There are no symbols or complicated techniques to learn. The methods used in SFR are very simple, yet extremely effective.

Allison makes no claim that the Sacred Flames Reiki energy is more powerful or of a higher frequency than any other. This is an individual perception and is left up to you to decide. All Reiki energies come from the same Source, it is how we connect to the energy that makes it unique. If you feel drawn to this method, it is most likely because it resonates well with your Spirit. This is reason enough to learn these techniques, which are brought to us from the Highest Source.

In SFR, you will find references to connecting with specific Ascended Masters, as well as Archangels and other 'spirit guides'. There is no requirement or suggestion to change any of your current beliefs. These specific aspects of God/Goddess/The All That Is/etc are here to help humans of all religious backgrounds and spiritual beliefs. We are all individuals and unique and, therefore, it is believed that our spiritual natures are also unique. You are encouraged to honor the Divine Source that you are familiar with and again, in no way change your belief system. It is necessary to give credit to these aspects of the Divine for their guidance and support of Sacred Flames Reiki, for without them, this system would not exist.

SFR works with the gifts that fire bestows on us in the

metaphysical sense. These gifts can be related to the physical world as well. Think for a moment about what fire would provide you with in a totally natural setting:

*** Protection**

*** Nourishment - We can use fire to cook meals to satisfy our hunger**

*** Light**

Metaphysically speaking, the element of fire is used for protection from negative energy. Fire is the element of the South in shamanism and its attributes are strength, protection, purification, and faith. Fire nourishes our spiritual hunger - the desire to grow and heighten our awareness. This fire burns inside us all. Just as it is necessary to exercise the body to keep it functioning, it is also imperative to exercise the mind and spirit to maintain proper health. Fire is a gift from above and below - it is fuelled by the resources of Mother Nature and the air from above and around us. The element of fire provides us with spiritual light, making our soul's path visible to us.

Now, what does fire do for our mental/emotional state? Have you ever sat in front of a fire and just stared at the flames? You have probably heard of meditations that involve candle light. This is commonly known as Tratak and will be discussed in the course. If you've tried this type of meditation, you know how effective it is. Our minds connect to fire in a very special way. Perhaps, subconsciously, we recognize how much we relied on fire in ancient times. There is something awesome about a force that is so graceful, yet powerful.

Support: The Seven Sacred Flames of Sacred Flames Reiki are supported by the Seven Chohans: Ascended Masters El Morya, Lanto, Serapis Bey, Paul the Venetian, Hilarion, Lady Nada, and St. Germain.

Some others adding to the power and force of each Sacred Flame are:

Archangels Michael, Faith, Raphael, Chamuel, Charity, Gabriel, Hope, Jophiel, Christine, Uriel, Aurora, Zadkiel and Amethyst. Mother Mary, Ascension Master Maitreya, Ascended Master Buddha, Goddess Isis, Quan Yin, and the Goddess of Prosperity.

We all have access to these aspects of the Divine, but in receiving the attunement to Sacred Flames Reiki, you will be clearing the channel to these Masters and Archangels, who anxiously await the chance to raise the vibrational level of humankind.

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SACRED BREATH REIKI

Sacred breath is about balance of breath body, mind, and spirit.

Sacred Breath gives the ability to heal ourselves in a natural and simple thing.

Now more than ever in these times of change, we need the ability to heal.

The contents of the 76 page manual are below:

- Outline Of Workshop
 - History
- Breath of the East Wind/Elemental
 - Breath of Air Breath/Elemental
- Breath of Water Breath/Elemental Breath of Fire
- Breath of the North/Elemental Breath of Earth
 - Breath of the Rainbow Breathing/Moon
 - Breathing the Sun
 - Crystal Clearing Breath
 - Dolphin Breath/Meditation
 - Healing with Sound
 - Hand Positions
 - Additional Information/Aides
 - Bach Flower Remedies
- Healing With Essential Oils/Herbs
- Gifts of the Stone Lodge People
 - Chakras
 - Ethereal Crystals
- Animal Medicine/Totems
- Working With Colours
 - Feather Healing
 - Cardinal Directions
 - Smudging Ceremony
 - Attunement process

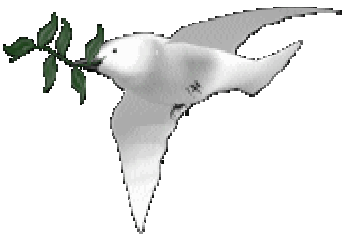


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White Dove Reiki™

Although there are many forms of Reiki, White Dove Reiki™ enables the Reiki Practitioner to have assistance in the Healing and Attunement process.

While most Reiki Masters use different modalities to focus the energies during healings and attunements, White Dove Reiki™ enables the individual to have a central focal point in which to direct those energies, and transfer the collected energies into the receiver.

Within the White Dove Reiki™ course you will learn how White Dove Reiki can assist you and enable you to be more effective in your practices.

White Dove Reiki™ was given to me in the hope that Reiki Masters and Practitioners will embrace, use and pass it along to others. I sincerely hope you find White Dove™ Reiki to be of value to you and that it will assist you in your practices.

It is with our hearts, whether through love, devotion, or out of concern for others that we reach out with Reiki for the overall good of our fellow mankind.

Rev. Richard D. Kidd, DD
White Dove Reiki

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You will need to currently be a Reiki Master to receive this attunement

IMARA REIKI

Imara Reiki is a Reiki modality of a higher vibrational energy level than most common Reiki modalities because of its focused intentions.

In some aspects, the healing energy of Reiki can be split up into vibrational (frequency) bands. Imara Reiki is a "Level 5" on the "Reiki Scale" with Usui Reiki being levels 1-3 and Karuna Reiki being level 4.

Imara Reiki is an intense form of Reiki energy.

The energy has a slightly different feel and:

- * Imara Reiki does NOT need symbols
- * Imara Reiki uses a new & easy attunement process
- * Most users experience a Strong Spiritual Connection (with ascended beings, angels, etc.)
- * Imara Reiki is known for its capability to heal past life issues
 - * Imara Reiki is very capable of healing repressed issues (physical, emotional, spiritual trauma).
- * Imara Reiki has proven itself in the area of healing issues that are not on the conscious mind yet still affect you
- * Imara Reiki uses a strongly simplified and intensified distance healing procedure
- * It is very common for the giver and/or receiver to perceive information during a healing session

This form of Reiki is a channeled form that came to Barton Wendel. Bart and his brother Geoffrey refined and developed Imara Reiki to its current state.

The name "Imara" basically means "more" ... hence, "More Reiki = Imara Reiki."

Once you are attuned to Imara Reiki, it is extremely simple to use the energy, especially compared to Reiki Modalities like Usui, Karuna, etc.

Before you can be attuned into Imara Reiki, you have to be a Reiki Master.

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ELEMENTAL REIKI COURSE

Elemental Reiki was created by Rebecca Doolin and employs symbols derived from Goddess, Elemental, and Pagan symbology . The Reiki energy harmonizes with the frequency of The Goddess so as to work in accordance with Wiccan Tradition.

This unique style of Reiki beautifully combines the healing energy of Reiki with the Goddess, Elemental, and Pagan symbology and can be used for both healing purposes and connection with the elements.

The Elemental Reiki course will guide you through the various frequencies of the energy symbols and techniques that you can use to improve and enrich your life.

If you are already a Reiki Master you will need just one attunement. If you are not currently a Reiki Master you will need two attunements, the second attunement will be need to be given 24 hours after the first.

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DOLPHIN TRILOGY REIKI

Experience the love and wisdom of the dolphins and orcas with Dolphin Trilogy Reiki. This system uses the love and energy of dolphins and whales to heal the mind and the spirit. It is particularly effective at helping with emotional problems such as addictions, depression, and feelings of being separate; or incomplete. This energy can soothe the sadness of the soul, by helping us release past trauma, forgive ourselves and others, and finding our own truths

Dolphin Trilogy Reiki evolved from Dolphin Reiki, a reiki system created by Mark Scott

Dolphin Trilogy Reiki builds upon the energy and principles of Dolphin Reiki, expanding it to include three levels of healing: Dolphin Healing Reiki, Orca Empowerment Reiki, and Dolphin Crystal Reiki. The dolphins and orcas shared this system with Shanti Johnson (founder of Dolphin Crystal Reiki, Dolphin Trilogy Reiki) and Rev. Sheryl Carter (founder of Orca Empowerment Reiki), through many meditations and close work within their realm.

DOLPHIN HEALING REIKI: This is the first level of Dolphin Trilogy Reiki. You can use Dolphin Reiki Breathing technique to centre yourself and connect with the energy of the dolphins. Through regular use of this technique, you will learn to circulate Life Energy throughout your physical and energy body. It will enable you to transform suppressed negative patterns from your cellular memory and reprogram your cells, opening blocked energy pathways and

increasing your vitality.

ORCA EMPOWERMENT REIKI: This is the second level of Dolphin Trilogy Reiki. Orcas are the largest members of the dolphin family. The orca encourages us to heal by releasing our memories, taking deep breaths, and communicating through sound

DOLPHIN CRYSTAL REIKI: This is the third and final level of the Dolphin Trilogy Reiki. The magnificent energy of the dolphins combines with powerful crystal energy, to form an integrated whole healing system that can heal at a variety of levels.

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Karuna-Ki

Karuna - Ki is an innovative and advanced natural healing system that was developed by Vincent Amador.

Karuna Ki has some components of Karuna™ & Tera Mai Reiki™, yet it is its own system as there are also many differences.

(Karuna Ki is in no way affiliated with Karuna Reiki™, which is trademarked by William Rand).

Karuna Ki means 'The Way of Compassion', and focuses on the heart chakra, compassion and understanding. This amazing form of energy is ranked level 4 on the Reiki scale (Usui Reiki being levels 1-3).

"The basic principle of Karuna Ki is the connection to (and becoming) the embodiment of compassion both for healing self and others, and to send healing and compassion to all creation." - Vincent Amador.

To receive the Karuna Ki attunement you must already be a Usui Reiki Master.

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CELTIC REIKI

Celtic Reiki was created by Martyn Pentecost and employs symbols derived from the Celtic ogham (the ancient alphabet used by the Druids). The Reiki energy mimics the frequency of various trees and plants so as to work in accordance with channeled and Celtic wisdom.

This unique style of Reiki beautifully combines the healing energy of Reiki with the ancient wisdom of the Celts and can be used for both healing purposes and goal manifestation. It contains a variety of new techniques based on Celtic ritual and diverse frequencies of energy, which offer the ability to tackle a range of everyday issues such as health, prosperity and finance, work, love and relationships.

The Celtic Reiki course will guide you through the various frequencies of energy, symbols and techniques that you can use to improve and enrich your life. Celtic philosophy and tradition is covered and incorporated into the treatments and goal manifestation techniques.

With its diverse range of treatment methods, Celtic Reiki can not only be used to treat health issues, but can also assist your clients in manifesting their own goals. ~ By Pamela Jordan

Prerequisites: None.

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VIOLET FLAME REIKI

Violet Flame Reiki also known as Quan Yin Reiki is a newly discovered form of Reiki brought to us by Ivy Moore.

Violet Flame Reiki re-introduces us to the goodness of our own personal power by connecting us with the loving energy of Quan Yin and St. Germain.

This is not a "better" form of Reiki, just a different form. The emphasis of Violet Flame Reiki is healing with a pure heart.

Violet Flame Reiki and the mantra clears away ego and leaves behind purity of heart. Since the various forms of Reiki are all just different aspects of the same energy, Violet Flame Reiki may be used in conjunction with other Reiki traditions and healing methods.

There are four levels of Violet Flame Reiki and each level has 10 symbols.

You will need to have taken Usui Reiki Level 2 to receive this course.

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GOLDEN TRIANGLE HEALING SYSTEM

This system was developed and founded by Spiritual Healer and Reiki Master James J. Purner. The Golden Triangle is a special spiritual technique that can be used in a number of different ways. Once you have been attuned to this Egyptian energy system, you can use it to heal yourself or others by activating this energy.

The Golden Triangle can be used for distant healing work, in-person healing work, by itself or in conjunction with other energy healing systems such as Reiki, Karuna Ki and Seichim.

After you have practised regularly and have adjusted to using the Golden Triangle healing energy, it can also be used to help increase your mental and telepathic abilities by the stimulating effect it has on the area of the third eye. Some people notice this effect more than others. Everyone is different!

You **do not** need to be a Reiki Master to be attuned to this system of healing.

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Light Dream™ 1-2-3

Light Dream was channeled in 2003 by Alla Sharkia.

Light Dream Reiki works well for those suffering from insomnia.

There are no symbols in this method and this is highest frequency based on the power of the Violet Ray of St. Germain.

What is insomnia?

It is not unusual to have sleep troubles from time to time. But, if you feel that you do not get enough sleep or satisfying sleep, you may have insomnia, a sleep disorder. People with insomnia have one or more of the following:

- * difficulty falling asleep
- * waking up often during the night and having trouble going back to sleep
- * waking up too early in the morning
- * unrefreshing sleep

Insomnia can cause problems during the day, such as sleepiness, fatigue, difficulty concentrating, and irritability. Insomnia is not defined by the number of hours you sleep every night. The amount of sleep a person needs varies. While most people need between 7 and 8 hours of sleep a night, some people do well with less, and some need more. About 60 million Americans each year suffer from insomnia, which can lead to serious sleep deficits and problems. Insomnia tends to increase with age and affects about 40 percent of women and 30 percent of men.

Light Dream 1-2-3

After the level one attunement you will be able to start working with the energy , perform self healing and heal other people in person.

After the level two attunement you will be able to send a distance healing session.

After the master/teacher level attunement you will be able to attune others to a Light Dream 1-2-3 and became a Master Teacher of this energy healing system.

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BLUE STAR CELESTIAL ENERGY

This advanced healing system comes from the Pleiades star system and was used in ancient Egypt. It was channeled by John Williams in 1995 and then further developed with Gary Jirauch. This system emphasizes galactic and spiritual healing, and is "a transmission of spiritual ability to bridge the gap between God and man - The Rainbow Bridge - enabling the adept to utilize this potential and to function at expanded levels of awareness".

A strong sense of balance between mind and heart is the key to manifesting with the Blue Star energy, which is said to be the vehicle for bringing peace and planetary healing as fast as it can happen.

There are two attunements that include seven practitioner and seven master symbols, plus there are several meditations and spiritual growth exercises found in the manual.

Subjects covered in Level One :

Ancient Origins of the Blue Star System

Blue Star Celestial Energy & Sound

(7) Blue Star Celestial Energy Practitioner Symbols

Basic & Intermediate Mer-Ka-Ba Breathing Technique

Distance Healing with Blue Star

Extracting and Short-circuiting Disease and Psychic Surgery

Enhancing the Body Defence System Against Disease

Level Two (Master Level) , gives the student the ability to teach and transmit the energies of the Blue Star, This Level is available only to current Reiki Masters (Usui, Shamballa, Karuna ®, Tera Mai™)

Subjects covered in the Master Level:

(7) Blue Star Celestial Energy Master Symbols

Manifesting with Blue Star Celestial Energy

Integrating Blue Star Celestial Energy with the chakras & the planets

Triangulation Exercise

Personal Symbol Exercise

Advanced Mer-Ka-Ba Breathing Technique

Performing Blue Star Celestial Energy Attunements

Miscellaneous Meditations

This course is only available to Reiki Masters.

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AMA DEUS SHAMANIC HEALING

Ama Deus (meaning 'I love God') is a simple but extremely powerful healing practice, which has been employed for the past 6000 years by the Guarani Indians living deep in the Amazon jungle of central Brazil. It was first brought to the West by Alberto Aguas, a third-generation Brazilian healer, who lived alongside and studied the practices of the Guarani shamans for many years.

The system combines God's love with a series of ancient multi-dimensional symbols, which act as vehicles for the energy transmission. Although similar in some ways to Reiki as it seeks to balance the energy centres within the body, the Ama Deus symbols are designed for more specialised actions than those used in Reiki.

As with other energy-healing modalities, Ama Deus can be sent over long distances, and it can also be used in conjunction with other methods of healing. The practitioner is simply a channel for God's love, which is why Ama Deus is known as a heart-based energy system. The healing energy is projected through intent and attunement with the energies of God and the symbols.

Ama Deus can be employed in a multitude of situations, including the following:

- Healing for oneself and others
- Distance healing
- Healing for emergency situations
- Healing for animals, birds and plants
- Helping those near death or dying
- Helping departed souls in their transition to the spirit world
- Purification of food, water, medicines etc
- Physical and emotional healing of the heart
- Helping babies make a smooth transition into the world
- Receiving a spiritual gift on your birthday

- Receiving spiritual information during your dreams
- Recollection of past lives/journeying in the Akashic Records
- Supporting world leaders in making important decisions
- Healing the Earth
- Exorcism

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Silver Violet Flame?

The Silver Violet Flame is a high frequency spiritual energy, which has been known to spiritual adepts for thousands of years. It was re-introduced by the Ascended Master, Saint Germain, and is the seventh ray of the Universe's consciousness. The Silver Violet Flame is for those who hear the call of community or spiritual service to mankind, and it also provides the wisdom needed to overcome the selfishness in our lives.

It can be invoked by reciting a simple mantra.

The Silver Violet Flame possesses the qualities of freedom, alchemy, justice, joy, forgiveness and mercy. As a result, the Silver Violet Flame transmutes anything negative that is lodged within our spiritual or physical being, including everything from self-hatred to physical viruses.

By invoking the Silver Violet Flame we will feel lighter and less burdened since it literally consumes the cause of our personal problems. In other words, the Silver Violet Flame clears the records of past lifetimes, thereby raising our self-esteem and helping us to be happy with ourselves.

Please note this is not connected with Violet Flame Reiki.

There are no prerequisites to taking this course and it is a lovely attunement to receive. A lot of students choose this course before receiving a Reiki Attunement.

Once you have received this attunement you will be able to attune others - details of how to pass the attunement are in the manual.

The Universal Rays

The Universal Rays are a series of seven attunements that correspond to the Chakra System.

Each ray is brought forth by an ascended master who serves as a guardian of the higher lesson of that realm.

This system was channeled by Dawn Rothwell, founder of Reiki Rays Institute.

The Universal Rays are not a system of religion, nor are they a healing system like Reiki. While we utilize the chakras and aura, it is not chakra or aura therapy.

Instead the rays serve as a self-transformational series which when completed will propel the client further along his or her spiritual path.

The Seven Realm Rays are:

Root Chakra ** One Place Master Hilarion**

Sacral Chakra ** One Being ** Mother Mary

Solar Plexus Chakra ** One Self ** Serapis Bey

Heart Chakra ** One Heart ** Quan Yin

Throat Chakra ** One Voice ** El Moyra

Brow Chakra ** One Vision ** Saint Germain

Crown Chakra ** One Spirit ** Melchizedek

WHAT ARE THE AKASHIC RECORDS?

Akashic is Sanskrit for "primary substance".

They have been referred to by different names such as: The Book of Life, the Cosmic Mind, the Universal Mind, the collective unconscious, the collective subconscious, and the Soul Records .

It is the past, present, and future knowledge of all things.

It is the universal filing system which records all thoughts, words, and action.

It is the repository of all human experience, a record of all events.

Some say the akashic records are similar to a Cosmic or collective consciousness.

They are records of all talents and knowledge.

They are not actual books or scrolls, though many people see them as such when they access them, but they are actually an energetic vibration.

It is this energy vibration that translates into images, forms, symbols, imagery, and language that the mind can understand.

The main purpose of reading the records is to provide valuable information to assist in having a better life. An Akashic reading can provide important guidance on how to work through current problems, it can present opportunities for growth, bring clarity to thought processes, and can help sort out difficult or major life

transitions.

This course provides simple techniques and scripts to help you to access the Akashic Records for both yourself and others. With practice you may receive spiritual guidance, discover the impact your past lives have on your current life and much more besides. For some people this may be a fast process, for others practice will be required. There is no guarantee that everyone will be able to access the records however the attunement will assist you on your spiritual path.

There are no prerequisites to receiving the Akashic Records attunement.

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Amara Spiritual Empowerment

As Quoted by the founders:

Amara is an energy-consciousness of individual empowerment and self-discovery. Even though Amara can bring forth healing on all levels and dimensions, the actual intent is not to heal but to become aware of our subconscious currents. These deep "inner waters" hold the key to the mystery of our being.

The energy-consciousness of Amara assists us to accept our wounds and issues as they are now and helps us to become fully aware of their reasons for manifesting. We all experience pain at some point or another and some experiences leave wounds that stay open even through many lifetimes. By becoming aware of the patterns that keep these wounds open, we finally allow them to heal naturally. Nothing needs to be undone or fixed, as our true nature is whole and perfect. Allowance is the only thing needed to experience healing.

Amara will help us to see our "darkness", our shadow self, and accept those aspects of ours that we do not like, or feel separated from. Amara will help us connect with our subconscious, where most of our true power and magic currently resides. The energy-consciousness will work with us so that we can bring these subconscious aspects into our conscious experience of who and what we are. Through understanding the mystery of our Self we reach mastery.

Amara represents the aspect of the self that is fully grounded in its own divinity, radiating the full spectrum of its being outwards.

Amara is like water, transforming itself to fit every possible situation that manifests. Amara is ever-evolving, flowing and unfolding. When we experience that state of being, we become Amara itself, as it is not some form of consciousness that is separate from our own.

The core nature of Amara is consciousness and it should not be seen as a mere energy stream. The movement of consciousness creates energy. This movement is quite important, as it will help in aligning ourselves with the core of Amara. The energy guides us to the core by facilitating shifts in perceptions and consciousness.

Unlike some systems that focus more in simply balancing the energy flow of our subtle bodies, Amara also works in the level of pure consciousness. The energies will align the subtle bodies so that the actual consciousness can ground itself into our being. This is not "better" or "worse" than systems that focus more in getting direct results with energy manipulation. This is simply different. Amara works extremely well for those who resonate more with this particular approach.

Amara does not offer quick fixes to physical or psychological imbalances. It does not offer a fast path to "enlightenment" either. Amara simply offers a journey within. When we reach and experience the core we begin to understand everything that happens around it. In that space we can find true healing and empowerment.

Amara has connections to many different realms of consciousness. It can be said that Amara is actually a unified group consciousness composed of several unique aspects of the divine. The cetaceans (whales, dolphins and porpoises), the ancient civilization of Lemuria, the Lemurian goddess Amara, the Rainbow Serpent and Dragons among others are the most prominent connections.

Many of these have strong connections to water and it seems to be the main symbol for this whole system. The energies can be seen or felt as flowing liquid light and liquid "dark matter", which represents the Void energies.



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ISIS BLUE MOON HEALING SYSTEM

"Isis's Blue Moon is a particular energy stream that I became aware of while meditating with Isis one day.

She sent the energies through and I paid attention. I named it Isis Blue Moon as that is the simple visualization that is used to connect with this energy stream. Everyone has known it as Isis Blue Moon since that time.

I had considered the alternative names of Full Spectrum Isis & The Spiritual Order of Isis. Full Spectrum Isis would have been self explanatory.... simply put, everything Isis or All Isis energies and frequencies. You are already part of the Spiritual Order of Isis just by receiving the Isis Blue Moon initiation/empowerment.

In all likelihood, you were already or you wouldn't have been interested in Isis Blue Moon. Basically, the Order is just a nice way of saying you're part of the Isis family at the spiritual levels.

Some alternate names for the Order have been The Ancient Order of Isis, The Sacred Order of Isis and The Order of the Temple Isis. Those are just the immediate ones that come to mind when I ask Isis about the names. I'm sure there have been more versions of it through time, space and all the many dimensions of existence.

The Isis energy streams all have many energetic aspects and frequencies. Isis Blue Moon includes them all.

The more you work with Isis and use Isis Blue Moon healing, the more likely you will be to notice these individual aspects. I have listed some of the main Isis frequencies below along with some of the ancient associated symbols.

I recently read something online about the Golden Isis frequencies of Isis being "new." That is not true at all.

Isis energies have always contained the golden frequencies; however, not everyone has always been able to access them. I have never read about the Golden Star of Isis anywhere before. That is something Isis shared directly with me and I know in my heart these frequencies have always been available. Also, if you spend some time with the Golden Star of Isis you will begin remembering your past Egyptian lifetimes.

How does it feel?

To me this energy usually feels cold and blue or bluish white. Sometimes I feel it as electric. Others have reported that it feels calming and soothing to them.

What can Isis Blue Moon be used for?

Mostly I've used Isis Blue Moon energy can be used for any cooling and/or clearing types of healing work. I used it once simply to reduce swelling in a pinched nerve for a friend of mine. Others in the room said they noticed my skin turn pale white.

I've also called upon it to help clear rooms that have large amounts of negative energy. You can use Isis Blue Moon healing for just about anything though from swelling to cancers.

The above text is taken from Linda Vaughan's manual.

This course is only available to current Reiki Masters.

ANGEL LIGHT INITIATION

Walking with the Angels.

There are no prerequisites with this initiation, only a desire to walk with your Angels.

Angels are a higher vibrational consciousness (divine or celestial beings) who have never existed on the Earth Plane in human form.

They do not have karma or harbour low vibrational negative emotions connected to the lower planes.

They are friends who bare gifts of pure light and love.

The Initiation includes a preparation exercise, a simple Invocation method and 4 part Attunement.

The Third Eye Attunement - There are several variations of Third Eye Initiations which have been passed down in various beliefs such as Wiccan, Buddhism, Tibetan teachings, however we will use the mandala which originated in Eastern religions. It is circular and represents the Universe and wholeness. The mandala has been used by many to align themselves to the Angels.

Upper Astral Crown Initiation - which seeks to fine tune your alignment and open a clear channel to the Angels that you can accept messages and healing directly.

The Heart Attunement - seeks to open the heart chakra, which is essential in working with healing energy in any form. This Initiation plants a seed and it is up to the individual to develop that energy through meditation and practice.

Angel Initiations - These Initiations aim to connect you directly to a spiritual presence or a new guide or angel guide. It is the final

attunement in the set and the most important. You are open and you are ready. This initiation is for channelling healing, receiving guidance and forming a connection to celestial beings. It is usual to feel waves of pure love and energy washing over you as the Angels make themselves known.

Please note that Angel Light Initiation is not connected with the Lightarian Institute Angellinks

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COLOURS OF ANGELS

Colours of Angels offers 7 connections with 7 Archangels and their respective Rays. These 7 connections are offered in one distance initiation that will connect you to each Archangel and you will then be able to call upon any or all of these Archangels whenever you wish. Angels never leave or ignore you and will listen to you whatever the time of day or night.

As you are connected to each Archangel you will also be connected to each Ray that the Archangel serves from and it's respective colour. By simply visualising the colour of each Archangel that you have been connected to you will feel the connection strengthen. This is ideal for those who have difficulty visualising images as the simple task of visualising the colour is all that is required.

The Seven Archangels and Rays are as follows:

Archangel Michael who serves in the First Ray which is the Blue Ray and the Ray of Protection and Power

Archangel Jophiel who serves on the Second or Yellow Ray which is the Ray of Illumination and Wisdom

Archangel Chamuel who serves on the Third or Pink Ray which is the Ray of Love

Archangel Gabriel who serves on the Fourth or White Ray which is the Ray of Harmony and Purity

Archangel Raphael who serves on the Fifth Ray or Green Ray which is the Ray of Healing

Archangel Uriel who serves on the Sixth Ray or Gold Ray which is the Ray of Peace

Archangel Zadkiel who serves on the Seventh Ray or Violet Ray which is the Ray of Freedom

Each connection is received one after the other in one distance initiation which will permanently connect you to each Archangel and Ray.

After you have received the Colours of Angels connections you may progress on to the Sapphires of Angels connections.

The Colours of Angels manual is available in English, German, Indonesian and Romanian

Sapphires of Angels

Following on from my work with Colours of Angels I was shown Sapphires on many occasions. I have always associated a Sapphire with the colour blue so connected this with Archangel Michael. I was then shown Sapphires in many other colours and during a channelling session was given the connections with the other Archangels.

Sapphires are available in many different colours and all have different properties. Each Angel connected me to the energy of these wonderful Sapphires and I was guided to pass these connections on to others.

You do not need to purchase each Sapphire as a stone - they can be placed etherically in to a person's aura and the qualities and properties of each sapphire will be with that person permanently.

As with the Colours of Angels, visualisation is the key to working with the Sapphires of Angels. Sapphires are also known as the wisdom stone and this, along with the guidance of each Archangel will help you on your spiritual and life path.

Simply welcome and accept the wisdom that each angelic sapphire is bringing to you and feel the qualities and wisdom infuse your body, soul and aura to help guide you on your spiritual path.

When you are in need of extra guidance and wisdom simply call upon the Archangel and Sapphire to guide and protect you.

The Colours of Angels attunement is a prerequisite to receiving the Sapphires of Angels attunements.

Each connection is available as a separate connection and may be received in any order at a pace that suits you.

The Seven Sapphire Connections are as follows :

- Archangel Michael's Blue Sapphire - spiritual truth and protection.
- Archangel Jophiel's Yellow Sapphire - spiritual abundance.
- Archangel Chamuel's Pink Sapphire - love and emotions.
- Archangel Gabriel's White Sapphire - higher spiritual consciousness.
- Archangel Raphael's Green Sapphire - vision and compassion.
 - Archangel Zadkiel's Purple Sapphire - awakening and calming.
 - Archangel Uriel's Star Sapphire - intuition.

The Colours of Angels attunement is the prerequisite to receiving these connections, which can then be received in any order.

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The Diamond Of Zapharel

The Diamond of Zapharel *** is placed etherically in your aura to permanently offer the qualities and assistance of a diamond along with Zapharel's presence.

Once you have received this attunement you will be able to call upon Seraph Zapharel and his diamond whenever you need assistance, guidance or simply his presence. The Diamond is a symbol of purity and can assist in bringing your life to a more balanced and whole state.

You do not need to be attuned to Reiki or any of the other Zapharel attunements to receive the Diamond of Seraph Zapharel and after you have received the attunement you will be able to pass it on to others.

The Diamond is a symbol of purity with a brilliant and pure white light. The Diamond can help bring completeness and wholeness to your life and is able to assist you in many ways.

The Diamond is a stone that doesn't need recharging so once you receive this attunement you will be connected to Seraph Zapharel and his Diamond for life. You will not need to be reattuned to it.

The Diamond is an amplifier of energy and can assist with removing negativity and fear from a person or situation. It is also useful for repairing holes that may appear in your aura and recharges and energizes the aura.

If you have any negativity attached to your aura which is preventing you from moving along your spiritual path, the Diamond can help to release this negativity and replace it with a new, refreshing energy enabling you to move forwards with a renewed enthusiasm and passion.

The Diamond can also assist in matters of the heart, whether it is a relationship difficulty or life in general, the placing of the diamond in your aura and chakras can bring harmony and peace to you.

Finally, the Diamond can assist with mental clarity enabling you to see more clearly the path that you need to take.

You do not need to be attuned to Reiki to receive this attunement.

******* More information on my work with Seraph Zapharel can be found at www.zapharel.com

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ENERGY CENTRE

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REIKI ATTUNEMENT PACKAGE

The Reiki Chamber is a part of the Wings Therapies Energy Centre and offers a great value Reiki package to students who wish to learn many different healing systems.

The following package offers quality distance training in Usui Reiki and many other Reiki and Energy Healing courses.

It is not a quick fix course and will require you to work with each level before moving on to the next but it will offer you great training and enable you to work well with each energy system.

The courses are available to students worldwide and you can take as long as you wish to complete them.

This package is suitable for newcomers to Reiki as well as experienced Reiki Masters.

Each course is available individually at www.onehealing.com but choosing this package will offer considerable savings.

You will receive all of the following courses plus any extra courses as they are added to the package :

**USUI REIKI LEVEL I
USUI REIKI LEVEL II
USUI REIKI MASTER**

**ORIGINAL USUI REIKI Levels I, II and Master
KUNDALINI REIKI LEVELS I, II and Master
KUNDALINI REIKI BOOSTERS 1-6
ETHEREAL CRYSTALS 1-9
GOLD REIKI
SACRED FLAMES REIKI
ANGEL LIGHT INITIATION**

**TIBETAN REIKI
SHAMBALLA MULTI DIMENSIONAL HEALING
SILVER VIOLET FLAME ATTUNEMENT
IMARA REIKI
ELEMENTAL REIKI
DOLPHIN TRILOGY REIKI
KARUNA KI
CELTIC REIKI
THE GOLDEN TRIANGLE HEALING SYSTEM
FULL SPECTRUM HEALING
VIOLET FLAME REIKI
VIOLET FLAME ATTUNEMENT
AKASHIC RECORDS ATTUNEMENT
LIGHT OF ZAPHAREL ATTUNEMENTS
AMARA SPIRITUAL EMPOWERMENT
WHITE DOVE REIKI
UNIVERSAL RAYS
REIKI PSYCHIC ATTUNEMENT
SPIRIT REIKI
THE ORB OF LIFE
COLOURS OF ANGELS
KARMIC REIKI
CELTIC WISDOM ENERGY SYSTEM**

This package is also available to current Usui Reiki Masters at the reduced cost of £40.00 - further details are at the bottom of this page.

As a Reiki Master of many different styles of Reiki and energy healing systems I would like to explain my view on Reiki training and how I recommend you receive this package - for the newcomer to Reiki you will need to start with Usui Shiki Ryoho Reiki which is the Traditional Western form of Reiki that most people use. There are three levels and once you have received the Master Level attunement you will be able to move on and experience the different forms of Reiki that are on offer. I ask

that you leave at least 21 days between each level of Usui Reiki to allow you to work with and adjust to the energy.

Level One enables you to self treat and treats friends and family. Level Two enables you to obtain practitioner insurance (within the UK - may vary in other countries) and work as a Reiki Practitioner and Master level enables you to teach and attune others. For each of the levels in Usui Shiki Ryoho I will issue a printed quality certificate by post. If you are currently at level Two or Master level you will only need to receive the Master attunement or you can if you wish be attuned to all the levels again and certified with my lineage.

Whilst waiting between each level of Usui Reiki you will be able to receive the attunements to the Silver Violet Flame, Colours of Angels and the Angel Light Initiation as these have no Reiki prerequisites. Indeed the Silver Violet Flame attunement can help you to remove negativity and also allow you to adjust to the energy attunements.

Once you have received each Usui Reiki attunement I will ask you to email details of a treatment on yourself and also on another person so I can check your progress and I will then post you a printed certificate. In doing this I will be satisfied that you have adequate knowledge of Usui Reiki and can certify you.

Once you are at Usui Reiki Master level you are then free to move on to the remaining attunements in the package including Original Usui Reiki which covers a lot of the Japanese Reiki techniques that are a part of Japanese Reiki. This will strengthen your knowledge and you will also receive empowerments to this energy.

You are able to receive the additional courses at a rate that is suitable to you and fits in with the course guidelines. You are able to take as long as you wish to work through these courses. After each Master level attunement I will email you a certificate

stating that you have been attuned. If you would prefer a printed certificate for these additional course you may purchase them for a small additional price. The reason why I issue emailed certificates for these courses is because most insurance companies just require to see a certificate for Usui Shiki Reiki in order to offer insurance cover.

Most students find as they receive these additional energy systems that they develop their own style of working and bring through a blend or mix of energies that is best for the person receiving the treatment.

The cost of this comprehensive package is £75.00. I feel this offers value for money as you will gain an indepth knowledge of Reiki healing. You will also have unlimited email support for as long as you need it and as any additional courses are added to the package you can receive them at no extra cost.

The manuals are available to download on line and you can print them off or save them to your pc. If you would like the manuals to be sent to you on a CD then please add £5.00 to the cost to cover worldwide postage.

This package is also available for current Usui Reiki Masters at a reduced cost of £40.00. You will not receive attunements to Usui Shiki Reiki Ryoho but the additional courses and the Original Usui Reiki course is included in this price. Emailed certificates are included or you can pay the small additional amount to receive printed certificates. I will require a copy of your Usui Master certificate prior to commencing the courses.

PLEASE NOTE:

If you require a printed certificate for the remaining courses you will need to pay an additional charge of £3.50*** within the UK or £4.50 Europe and Rest of the World per certificate requested. This is

optional and there is no requirement to choose to receive a printed certificate

***** £3.50 within the UK or £4.50 Rest of the World is the current charge for printing and posting a certificate. This charge may increase in the future to reflect postage rate increases but will only increase by a reasonable amount.**

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Lightarian Angellinks™

Unique Guideship Connections with the highest Angelic Realms

The five Lightarian Angellinks™ create permanent energetic connections for you with each of five members of an angelic group energy that we call the "A-Team"...consisting of a Seraph and four Archangels.

These five angelic beings have devoted themselves to working intimately and powerfully with those who receive the Angellink attunements. Via the Angellinks™, their focus is to help you embody and expand the pure angelic qualities of unconditional love, non-judgment, courage, beauty and joy in your life.

In addition to these five major angelic qualities that are provided, each angelic being will be a guide for you in other specialized ways...such as assisting you in navigating within the etheric realms, supporting you with divine healing, "lighting your way" into the future time, stimulating your creative expression and making your communications more effective!

Through their permanent energetic connections with you, the "A-Team" of Seraph Rose Aura and Archangels Michael, Raphael, Uriel and Gabriel will provide angelic inspiration and support, while encouraging you to express these divine qualities in all areas of your life.

Seraph Rose Aura's Angellink™ for unconditional love... From the highest level of the Angelic Realms called the Seraphim, a Seraph by the name of Rose Aura has stepped forward to spread the angelic quality of purest unconditional love to humanity.

Via her Angellink connection with you, an "angelic flame of unconditional love" will be placed into your heart space, fully radiate through your energy fields and then ripple out into all

areas of your experience. Afterwards, Rose Aura will be working in your "etheric background" as an Angelic Guide to assist you in all matters of the heart...especially the expansion of unconditional love of self and others.

The Seraph Rose Aura Angellink represents "our Lightarian doorway" into the energetic level of the Archangels and is a prerequisite for receiving further Angellinks.

The four Archangel Angellinks...

After receiving your Rose Aura connection, additional Angellinks are available for creating more specialized etheric links with Archangels Michael, Raphael, Uriel and Gabriel.

All of the Angellinks are designed to create extraordinary connections for you with these members of the Angelic Realms...connections that are much deeper than the angelic contacts that humans have long been experiencing. We see these linkages with Seraph Rose Aura and the Archangels to be of an especially fine-tuned, extremely high vibration and permanent nature...very different from the more traditional "telepathic and etheric interactions" that many individuals already have with the Angels.

With these qualities of [1] fine-tuned, [2] highest vibration and [3] permanence as a basis for their connections with us, these angelic energies can more effectively support us regarding their energetic themes of unconditional love, non-judgment, courage, joy, etc. Each of these Angellinks sets up a very special linkage within your energy fields to create a new, direct and permanent connection, permitting you and these angelic beings to work together more powerfully.

The Seraph Rose Aura Link is the prerequisite for the four other Archangel Links which can then be taken in any order.

The five Angellinks™ are

Seraph Rose Aura

Archangel Michael

Archangel Raphael

Archangel Gabriel

Archangel Uriel

Full Information on each Angellink can be found [here](#)

Lightarian™ Reiki Training Program

Offers the most potent, highest vibrational Reiki healing energies.

Lightarian Reiki uniquely prepares you to deliver a broader spectrum of Reiki energies by extending the vibrational range beyond Usui-based and Karuna-based Reiki

Inspired by Ascended Master Buddha, Lightarian Reiki has been brought forth now to accelerate the healing process for humanity...focusing on expanding your abilities as a Reiki Teacher/Practitioner to channel healing energies of a higher vibrational nature for the benefit of others.

Through your enhanced and expanded attunement connection with Ascended Master Buddha, you will also personally benefit in your own healing process...by raising your personal vibration as you step through the four levels of the program.

The inspiration and development of Lightarian Reiki began in 1997 via connections with the highest energies of Master Buddha.. His intentions were, and still are, to stimulate self-empowerment of the teacher by keeping the attunement and healing process simple...therefore, no new symbols are used in Lightarian Reiki. Through intention rather than symbols, the teacher is encouraged to more effectively tap into his/her own inner power (your Higher Self connection) while delivering the healing energies to clients and attunements to students.

From Master Buddha, we have learned that there are a total of eight vibrational bands for the Reiki spectrum, with Lightarian Reiki occupying the six highest bands...

First Band...Usui-based Reiki These vibrational frequencies create the foundation for all Reiki energy work. After one is attuned to the Usui levels and works with those energies for awhile, an individual may feel compelled to move beyond this introductory stage....to accelerate his/her pace of spiritual growth and the raising of personal vibration.

Second Band...Karuna-based Reiki As the individual feels motivated to continue to expand within Reiki, one can enter the second band of the spectrum occupied by Karuna-based Reiki and the Lightarian Buddhic Boost.

Third to Eighth Bands...Lightarian Reiki Beyond the second band, there are six additional higher bands of Reiki energy, called Lightarian Reiki, which offer the most powerful healing energies available from Master Buddha.

PREREQUISITES for taking Lightarian Reiki

In order to move to the higher vibrational levels within the Reiki spectrum, one must always start with Usui-based Reiki. From there, one proceeds to the next frequency band of Karuna-based Reiki (or alternatively, the Lightarian Buddhic Boost). After this,

one is energetically prepared to receive the higher vibrational levels of Lightarian Reiki.

Therefore Usui-Based Reiki MasterLevel plus either the Lightarian Buddhist Boost or Karuna Based Reiki Master are prerequisites for receiving Lightarian Reiki. Note: By "Usui-based" the institute also means other forms of Usui Reiki Master level, such as Shamballa Reiki and Seichim Reiki. By "Karuna-based" they also mean Karuna Ki Reiki as a form of Karuna® Reiki.

FOUR LEVELS of the Lightarian Reiki Training Program

The six vibrational bands of Lightarian Reiki have been organized through our effective teaching and attuning process into just four training levels. These four levels are called Lightarian Reiki I & II, III, IV and V & VI.

Levels I & II: The majority of the principles of Lightarian Reiki are taught and your initial Lightarian attunement with Ascended Master Buddha is delivered at this level. This first training/attunement prepares you vibrationally to receive the attunements in the three higher levels.

Levels III, IV and V&VI: After receiving Lightarian Reiki I & II, the three advanced attunements progressively "step up" your energies into higher vibrational levels within the Reiki spectrum, connecting you into higher aspects of the Buddhist energies. During each of the advanced attunements, an introduction and permanent connection is made with a different supportive celestial energy to enhance the healing process. These etheric beings have their energetic specialties and make unique contributions to the sessions.

Lightarian Buddhic Boost

The Lightarian Buddhic Boost is offered as a means to energetically "bridge the vibrational gap" between Usui-based Reiki and Lightarian Reiki. Receiving the Buddhic Boost will simply and effectively lift your vibration up to the *Second Band* of the Reiki energies, in preparation for receiving the higher vibrational bands of Lightarian Reiki I & II.

The Buddhic Boost is a very simple attunement designed to vibrationally prepare you for getting started with the Lightarian Reiki Training Program. It requires no formal training of its own and no manual is provided in advance of receiving the Boost attunement. If you require the Buddhic Boost attunement in order to proceed to Levels I and II you can receive it free of charge when you pay for Levels I and II.

Complete details about the Buddhic Boost are covered in the Lightarian Reiki I&II Manual. Approximately 30 days after receiving the Boost, you would be ready to receive Lightarian Reiki I & II. However, under certain circumstances, the timing can be accelerated.

THE LIGHTARIAN RAYS™

*** A 5-Step program for complete spiritual development created by the Celestial Masters before moving onto the Source Ray™**

*** The Lightarian Rays stimulate the five essential spiritual processes of...**

Self-Empowerment, Clearing, Healing, Activation and Manifestation

After receiving the 5 Lightarian Rays™ you may then progress on to the Lightarian Source Ray

The Lightarian Rays™ are a series of five guided-meditation attunements...each creating a powerful and permanent connection for you with one of the Masters. Once this connection is made, the particular Master works with you energetically in your "etheric background" to support an essential aspect of your spiritual self-development.

Each Ray is an "attunement event" that launches extraordinary "energetic processing" within your chakras and subtle bodies...creating spiritual, mental, emotional and physical transformation in your life. Via the Ray attunements, you will accelerate along your spiritual path perhaps more quickly and effectively...and with more grace and joy... than you would naturally be experiencing.

Through Jeannine Marie and Christopher Jelm's channeling experiences over the years, we have learned that the often mysterious process of personal development can be simply understood in terms of these five basic aspects...self-empowerment, clearing, healing, activation and manifestation.

Via the Lightarian Rays, each Master focuses on one of these aspects to create an effective, accelerated program of self-development for you.

The Empowerment Ray™, inspired by Ascension Master Maitreya, stimulates a dramatic, general purpose "spiritual wake-up call" of the highest order...triggering waves of energetic acceleration and vibrational change within all areas of your chakras and subtle bodies...eventually impacting in profound ways on your day-to-day life!

The Empowerment Ray serves as the "general purpose" foundation for the next four, more specialized

Rays...therefore it is to be received first and is a prerequisite for the other Rays, which can then be taken in any order

The Clearing Ray™ created by Ascended Master El Morya, launches a gentle, yet effective "etheric deep cleaning"...stripping away all of your adverse soul programming, inappropriate belief structures and undesired mental and emotional patterns.

The Healing Ray™ sourced by Ascended Master Buddha, initiates a powerful process of holistic self-healing...returning you to a state of balance and alignment

The Activation Ray™ inspired by Ascended Master Sananda, activates your latent etheric coding and triggers powerful, ongoing spiritual initiations...allowing more of your Higher Self energies to flow into your day-to-day life.

The Manifestation Ray™ sourced by Ascended Master St. Germain, expands your capacity for manifesting on all levels...opening you to attract spiritual, mental, emotional and physical abundance... all to serve your highest purpose!

Over time, the background energy work set in motion by these five Ray attunements cumulatively creates an ongoing, long-term program for dramatic change in your life...with the five Masters serving as your spiritual guides...all in complete collaboration with your Higher Self energies.

Simply stated, here is the Lightarian perspective regarding personal spiritual development via the Rays...

Self-empowerment is the starting point for the spiritual awakening process,

Then, the **clearer** you become, the more effectively you can heal,

The more you clear and heal, then the greater can be your rate of personal energetic **activations**,

All leading to a greater ability for you to **manifest** a higher level of Light in your day-to-day life!

How does the Lightarian Ray Program fit into the overall process of global, human transformation that is taking place at this time?

As individuals move along their spiritual paths, the five essential aspects of personal energetic development (as described above) will be taking place. With varying intensity and varying pace, these areas of personal growth are unfolding within all of us.

As we experience our learning and growth lessons in life, movement in these fundamental areas occurs quite naturally!

However, given that a divine plan for human, global transformation is dramatically impacting on our personal processes, many of us feel that our preparation work must be stimulated and enhanced beyond the natural unfolding that may be taking place. For some of us, there is even a growing sense of urgency to accelerate this process, in order to more quickly and properly prepare for spiritual service during the coming times.

For those who find themselves on a "fast track" for spiritual development, their progression of self-empowerment, clearing, healing, activation and manifestation can be enhanced by support from the Masters via the Lightarian Ray attunements.

After receiving the 5 Lightarian Rays you may then progress on to the Lightarian Source Ray which was previously known as the Lightarian Source Link.

The Lightarian Source Ray™ is an advanced, ascension-focused attunement for Lightarian Teachers and Clients who have already received all five of the Lightarian Ray attunements. Because of the advanced nature of this energy connection, it is imperative that recipients of the Source Ray have already been accelerating their personal spiritual development via the Rays...in the five spiritual processes of self-empowerment, clearing, healing, activation and manifestation.

With the work of the Lightarian Rays as a "platform", the Source Ray represents a dramatic leap to a new level of vibrational connection with even higher levels of divine energies.

You will receive printed manuals for all levels, distance attunements - 6 for the Lightarian Rays, 5 for the Angellinks and 4 for Lightarian Reiki.

You will be registered with the Lightarian Institute as a facilitator after each attunement and will then be able to purchase manuals and teach others. You will also receive a printed certificate for each level.

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My lineage for each course is listed below. To make your lineage simply add your name to mine.

Threshold Reiki

(Multiple lineages which are listed in the manuals)

Rick Rivard - Stephen Lovering
and bonus samplings of some Japanese Reiki energies and
Western Reiki energies.

Komyo Reiki

Mikao Usui - Chujiro Hayashi - Yamaguchi - Hyakuten Inamoto -
Francine Milford - Stephen Lovering

Usui Shiki Reiki Ryoho (Traditional Western Reiki)

Mikao Usui, Dr Chujiro Hyashi, Mrs Hawayo Takata, Phyllis Lei
Furumoto, Claudia Hoffman, Mary Shaw, Christine Henderson,
Bruce Way, Neal Lyster, John Pickering, Martin Lee, Gary
Steadman, Stephen Lovering

Usui Shiki Reiki Ryoho (Additional Lineage)

Mikao Usui, Chujiro Hayashi, Hawayo Takata, Phyllis
Furumoto, Claudia Hoffman, Mary Shaw, Christine Henderson,
Bruce Way, Ariane McMinn, Linda Taylor-Kadonsky, Stephen
Lovering

Usui Teate

Usui, Hayashi, Takata, Beth Phaigh, William Rand, Alan Sweeney, Dez Sellars, Pamela Jordan, Claire Timmis, Stephen Lovering

Plus a blend of the Japanese Energy lineages as above

Raku-Kei Reiki

Usui, Hyashi, Takata, Ishikuro, Arthur Robertson, Holly Blackwell, Dori McLean, Stephen Lovering

White Dove Reiki™

Richard Kidd - Dori Mclean - Victor Glanckopf - Stephen Lovering

Akashic Records

Francine Milford - Zinaida Zeldina - Pamela Jordan - Stephen Lovering

Imara Reiki

Barton Wendel, John Van Eekelen, Stephen Womack, Allison Dahlhaus, Dawn Rothwell, Pamela Jordan, Stephen Lovering

Kundalini Reiki/Gold Reiki/Kundalini Boosters/Ethereal Crystals/FSH

Ole Gabrielsen, Stephen Lovering

Sacred Flames Reiki

Allison Dahlhaus - Stephen Lovering

Shamballa Multi Dimensional Healing

St Germain, Hari Das (John Armitage), Linda White Dove, Melody Cola, Victor Glanckopf, Dori McLean, Pamela Jordan, Claire Timmis, Stephen Lovering

Violet Flame Reiki:

Ivy Moore, Dori McLean, Ole Gabrielsen, Stephen Lovering.

Tibetan Reiki

Tschen Li, Ralph White, Craig Ellis, A. Agee, Light & Adonea, Z. Keyer, Aurelian Curin, C. Di Bartolomeo, Linda Horton, Pamela Jordan, Stephen Lovering

Lavender Flame:

Andrea Meyers, Aroon Kumar, Ole Gabrielsen, Stephen Lovering

Celtic Reiki:

Martyn Pentacost, Pamela Jordan, Dori McLean, Ole Gabrielsen, Stephen Lovering

Elemental Reiki:

Rebecca Doolin, Sheryl Carter, Dori McLean, Pamela Jordan, Stephen Lovering

Golden Triangle System

Isis, James Purner, Linda Vaughan, Dawn Rothwell, Pamela Jordan, Linda Horton, Sheryl Carter, Chikako Siebers, Ole Gabrielsen, Stephen Lovering

Karuna Ki

Vincent Amador, Sandra & Jorge Ramos, Alison Dahlhaus, Claire Timmis, Stephen Lovering

Dolphin Trilogy Reiki

Shanti Johnson, Sheryl Carter, Linda Taylor-Kadonsky, Stephen Lovering

Colours of Angels Initiation

Stephen Lovering

Silver Violet Flame

Claire Timmis, Stephen Lovering

Atlantis Healing System

Khonsu AmunRa (Khonsu)--Victor Glanckopf - Stephen Lovering

Blue Star Celestial Energy

Gary Jirausch - Victor Glanckopf - Dori McLean - Dawn Rothwell - Stephen Lovering

Ama Deus Shamanic Healing

Guarani(founder) - Alberto Aguas(co.founder) - Victor Glanckopf
- Michael Arvey - Dr Aurelian Curin - Pamela Jordan - Kavitha
Praveen - Yulius Eka - Yudha Eka Putra - Stephen Lovering

Light Dream™

Alla Sharkia - Victor Glanckopf - Dori McLean - Kurt Straßguetl -
Birte Heissenberg - Stephen Lovering

Sapphires Of Angels

Stephen Lovering

Seraph Zapharel Attunements

Stephen Lovering

Diamond of Zapharel

Stephen Lovering

Green Tara Seichim

Stephen Comee, Dori McLean, Jarrod Hastings, Stephen Lovering

Medicine Buddha Reiki

Stephen Comee, Dori McLean, Jarrod Hastings, Stephen Lovering



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