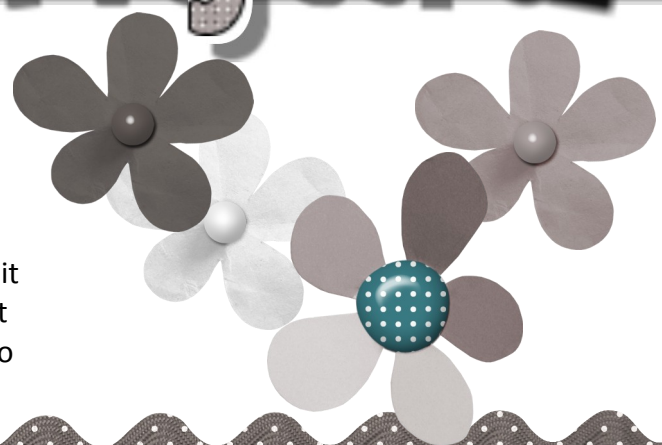


my memories Project 52

Well, we are ONE whole month down already - looks like 2012 is going to fly by just as quickly as 2011 did!! Now that we are into February - we are going to focus on things we LOVE in our scrapping! So, let's get right to it! Of course there is a new word for the week and you can let it inspire you! Maybe it will conjure up something immediately that will give your page this week it's own feel or direction! Use it or not, the project is YOURS remember and you can do what ever makes you happy!! So here's the word for the week - so get to it!



Embrace

There's a few different things that the word *embrace* might mean to you - and each might take you in a bit of a different direction with your page! Of course this month there is so much LOVE in the air that you might be thinking Embrace = Smooch! But it can also mean to fully accept as well! So take either of those directions and run with it! This month you might focus on the areas of your life you LOVE... your husband/wife, your own children, your job, your family, your hobby... find photos that really SHOW that love. If you can find pictures of your wedding kiss, or a drooly baby kiss, start with those! If you'd rather - consider trying a new technique that you aren't great at and FULLY EMBRACE it! Never tried a page with one photo as the background, maybe give that a try this wee! Check out page two for some more great ideas!

More fun to come with MMS & *P52*

Join us each Saturday in 2012 for a fun new edition of MMS P-52! It's going to be a fun journey into our lives, our memories, our family's story and we'll grow through it together! If you miss a week, don't worry, the posts will be listed on the blog so you can always catch up! If you have something FUN you want to suggest that we add to the list - please send me an email, [Email me at LisaJ@MyMemories.com](mailto:LisaJ@MyMemories.com)

And a VERY special THANK YOU to our friend, Sarah from [*Sweet Blossom Designs*](#) for letting us use her super cute kit, *PHOTO SHOOT* for this fun series! Thanks Sarah, we LOVE it!! (I think you will too!)
Check it out here: [PHOTO SHOOT!](#)

and don't forget to make a memory today!
Lisa J. ☺

This month map out your weeks ahead of time! Remember we are on a YEAR LONG journey! Take it slow, make sure you enjoy the process! It's not all about the WORK, but about the CRAFT and the ART. Plowing through the pages does get you finished, but if you don't enjoy the process, I think you're missing part (if not ALL of the fun!) Maybe try a fun love themed template kit for this month's pages - there are some great ones in the MyMemories.com Design Shop for sure! If you want to take the next four week and add a new page to

Love your book each week, choose one week to focus on your significant other or your favorite hobby, or your little puppy!
- this is Just something very special that you really, really LOVE! If your style is girly the month to GO ALL OUT! Put red hearts and lace all over the place!
Make it really fun! Check out the fun stuff in the shop and watch for some great challenges this month on the blog all in the name of LOVE!

Here are some great page ideas when creating pages about LOVE!

- Use the HEART shape cut out to make a calendar for the month of February with each days box being a heart shaped photo of someone or something you love!
- Use a fun heart shaped element(s) to create a fun border for your page!
- Use the WordArt Designer to make large letters that spell out L-O-V-E and fill each one with a photo of something or someone you really LOVE!
- Make a WORD CLOUD with all of the people you love and create a great background for your page with that element! <http://www.wordle.net/>
- Use the lyrics to your favorite love song as the journaling for your page!

Love

Love Remember that this project you are creating is really for YOU! Take some time to LOVE yourself this month!
that We are often so busy taking care of everything and everyone in our lives we forget to pamper ourselves just a teeny bit! It doesn't have to be an expensive treat, just do something nice for yourself this month! Download a free book to read... paint your nails a fun, sparkly red color... find a wonderful free art exhibit to visit with an old friend. Send an old-fashioned handwritten letter, go sit in a bookstore and drool over the magazines full of things you love! Just find a few little simple ways to remind yourself that YOU ARE SPECIAL! Digital scrapbooking is a great way to express yourself, so maybe start a gratitude journal and keep track of some of the amazing things in your life that you treasure. There's LOTS of ways you can treat yourself - treat a friend. MAKE A MEMORY! Whatever you decide, make it something that will bring a smile to your face when you think back on it. Consider a 30 day photo project... take a picture of your child or pet or spouse every day this month! There are endless ideas and only ONE needs to be right for you! YOU CAN DO IT, you are ALLOWED to! Love yourself so you can keep loving those around you! You are a gift to the world and you are SPECIAL!



memories

