

Terry & Caroline French*

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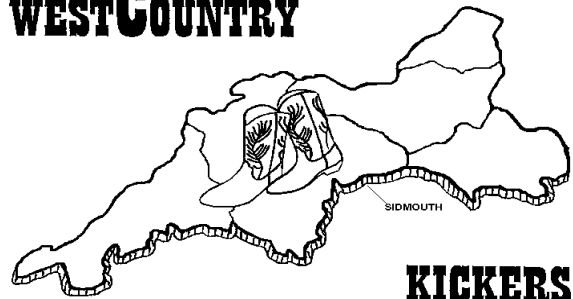
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WESTCOUNTRY



KICKERS

BACK TO YOU

Choreographed by: Terry and Caroline French – WestCountry Kickers - e-mail: westcountrykickers@talktalk.net

Description: 64 count partner dance

Starting position: Man inside, Lady outside, both facing reverse LOD, holding inside hands

Music: "I Hit The Ground Crawling" by Tracy Lawrence (111 bpm) – CD "The Coast Is Clear"
"Livin' In Black And White" by Tracy Lawrence (113 bpm) – CD "The Coast Is Clear"

All music available from Itunes and Amazon

MAN

1-4 Rock forward on Left, recover onto Right
Rock back on Left, recover onto Right
5-6 Step forward on Left, pivot ½ turn right
7&8 Shuffle forward stepping Left, Right, Left

Release hands on count 5, and pick up inside hands facing LOD on count 6

9-10 Travelling forward full turn left stepping Right, Left
11&12 Shuffle forward stepping Right, Left, Right
13-14 Step forward on Left, pivot ¼ turn right
15&16 Cross shuffle stepping Left, Right, Left

Release hands on count 9, and pick up inside hands on count 6. Pick up double hand hold on count 14

17-18 Side step Right, cross Left behind Right
19-20 Side step Right, cross Left in front of Right
21-22 Side rock Right, recover onto Left
23&24 Cross shuffle stepping Right, Left, Right
25-26 ¼ turn right stepping back on Left,
½ turn right stepping forward on Right
27&28 Shuffle forward stepping Left, Right, Left
29-30 Walk forward stepping Right, Left
31&32 Shuffle forward stepping Right, Left, Right

Release hands on count 25, pick up inside hands on count 27

33-34 Rock forward on Left, recover onto Right
35&36 Shuffle ½ turn left stepping Left, Right, Left
37-38 Step forward on Right, pivot ½ turn left
39&40 Shuffle forward stepping Right, Left, Right

Release hands on count 35, pick up inside hands on count 36. Release hands on count 38, pick up inside hands on count 39

41-42 Small steps forward Left, Right

43&44 Shuffle forward stepping Left, Right, Left
45-46 Small steps forward Right, Left

47&48 Shuffle forward stepping Right, Left, Right

Take hands over lady's head on counts 41-42. Double hand hold on counts 43&44. Release man's right/lady's left hands on count 45, take joined hands over lady's head on counts 45-46

49-50 Small steps forward Left, Right

51&52 Shuffle forward stepping Left, Right, Left
53-54 Small steps forward Right, Left

55&56 Shuffle forward stepping Right, Left, Right

Take hands over lady's head on counts 49-50. Double hand hold on counts 51&52. Release man's left/lady's right hands on count 53, take joined hands over lady's head on counts 53-54

57-58 Rock forward on Left, recover onto Right
59&60 Shuffle ½ turn left stepping Left, Right, Left
61-62 Rock forward on Right, recover onto Left
63&64 Step back on Right, step Left beside Right,
step forward on Right

Release hands on count 59, pick up inside hands on count 60

LADY

Rock forward on Right, recover onto Left
Rock back on Right, recover onto Left
Step forward on Right, pivot ½ turn left
Shuffle forward stepping Right, Left, Right

Travelling forward full turn right stepping Left, Right
Shuffle forward stepping Left, Right, Left
Step forward on Right, pivot ¼ turn left
Cross shuffle stepping Right, Left, Right

Side step Left, cross Right behind Left
Side step Left, cross Right in front of Left
Side rock Left, recover onto Right
Cross shuffle stepping Left, Right, Left
¼ turn left stepping back on Right,
½ turn left stepping forward on Left
Shuffle forward stepping Right, Left, Right
Walk forward stepping Left, Right
Shuffle forward stepping Left, Right, Left

Rock forward on Right, recover onto Left
Shuffle ½ turn right stepping Right, Left, Right
Step forward on Left, pivot ½ turn right
Shuffle forward stepping Left, Right, Left

Step Right forward into ¼ turn right, turn ¼ right stepping back on Left
(now in front of man, face to face double hand hold)

Shuffle back stepping Right, Left, Right
Stepping back on Left turn ¼ right, turn ¼ right step Right forward
(now on man's left side, facing LOD)

Shuffle forward stepping Left, Right, Left

Step Right forward into ¼ turn left, turn ¼ left stepping back on Left
(now in front of man, face to face double hand hold)

Shuffle back stepping Right, Left, Right
Stepping back on Left turn ¼ left, turn ¼ left step Right forward
(now on man's right side, facing LOD)

Shuffle forward stepping Left, Right, Left

Rock forward on Right, recover onto Left
Shuffle ½ turn right stepping Right, Left, Right
Rock forward on Left, recover onto Right
Step back on Left, step Right beside Left,
step forward on Left

START AGAIN