

*Terry\* & Caroline French*

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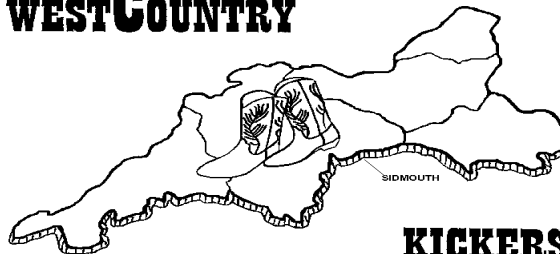
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Qualified Instructor with the

D&G Organisation for  
Country Western Dance Instructors.

**WESTCOUNTRY**



## Listen to your woman

Choreographed by: Terry and Caroline French 04/2006

Description: 48 count partner circle dance

Starting position: Gent facing OLOD, Lady facing ILOD, double hand hold

Music: "Listen To Your Woman" by Steve Kolander Cd: Scoot Over, Move Closer (Slow, 88 bpm)

"One Day You Will" by Martina McBride Cd: Evolution (Medium, 103 bpm)

"Sometimes She Forgets" by Travis Tritt Cd: Greatest Hits (Medium, 103 bpm)

### Gent

ROCK STEP, SHUFFLE, ROCK STEP SHUFFLE

- 1-2 Rock back on left, recover onto right  
3&4 Small shuffle forward stepping left, right, left  
5-6 Rock forward onto right, recover onto left  
7&8 Small shuffle back stepping right, left, right

SIDE, BEHIND, SIDE SHUFFLE WITH ¼ TURN, STEP, ½ TURN, FORWARD SHUFFLE

**(Release leading hands on 12, release inside hands on 14, join new inside hands on 15)**

- 9-10 Step left to left side, cross right behind left  
11&12 Step left to left side, step right beside left,  
Step left ¼ turn left to FLOD  
13-14 Step forward on right, pivot ½ turn left  
15&16 Shuffle forward (RLOD) stepping right,  
left, right

ROCK STEP, BACKWARD SHUFFLE, BACK, STEP BACK, ¼ TURN, CROSS SHUFFLE

**(Join Gent's right/Lady's left into double hand hold on 22)**

- 17-18 Rock forward on left, recover onto right  
19&20 Shuffle back stepping left, right, left  
21-22 Step back on right, turning ¼ turn left step left to left side  
(facing partner)  
23&24 Cross right over left, step left to left side, cross right over left

¼ TURN, ½ TURN, ¼ TURN SIDE SHUFFLE, ROCK STEP, ¼ TURN, TOUCH

**(Release Gent's right/Lady's left hands on 25, release Gent's left/Lady's right and join Gent's right/Lady's left on 26, then into double hand hold on 27)**

- 25-26 Turning ¼ turn right step back on left, turning ½ turn right  
step forward on right (facing LOD)  
27&28 Turning ¼ turn right step left to left side, step right beside  
left, step left to left side (facing partner)

**(Release Gent's left/Lady's right hands on 31)**

- 29-30 Rock back on right, recover on left  
31-32 Turning ¼ turn left step back on right, touch left beside right  
(facing LOD)

GENT: CROSS, SIDE, TRIPLE STEP

**(Release hands on 33-34, Gent crosses in front of Lady, join Gent's left/Lady's right hands on 35&36)**

- 33-34 Step left across right, step right to right side (changing sides  
with partner)  
35&36 Triple step (slightly back) stepping left, right, left  
**(Lady turns in front of Gent on 37-38, joined hands going over Lady's head and go into closed western position)**  
37-38 Cross right behind left, step left beside right (facing LOD)

- 39&40 Shuffle forward stepping right, left, right

WALK, WALK, FORWARD SHUFFLE, ROCK STEP, TURNING TRIPLE STEP

- 41-42 Walk forward stepping left, right  
43&44 Shuffle forward stepping left, right, left  
45-46 Rock forward on right, recover onto left

**(Gent's left/Lady's right hands over Lady's head on 47&, join Gent's right/Lady's left hands into double hand hold on 48)**

- 47&48 Triple step ¼ turn right stepping right, left, right

### Lady

- Rock forward on right, recover onto left  
Small shuffle back stepping right, left, right  
Rock back on left, recover onto right  
Small shuffle forward stepping left, right, left

- Step right to right side, cross left behind right  
Step right to right side, step left beside right,  
Step right ¼ turn right to FLOD  
Step forward on left, pivot ½ turn right  
Shuffle forward (RLOD) stepping left,  
right, left

- Rock forward on right, recover onto left  
Shuffle back stepping right, left, right  
Step back on left, turning ¼ turn right step right to right side  
(facing partner)  
Cross left over right, step right to right side, cross left over right

- Turning ¼ turn left step back on right, turning ½ turn left step  
forward on left (facing LOD)  
Turning ¼ turn left step right to right side, step left beside right,  
step right to right side (facing partner)

- Rock back on left, recover on right  
Turning ¼ turn right step back on left, touch right beside  
left (facing LOD)

LADY: ½ TURN, ½ TURN, TRIPLE STEP

- Turning ½ turn behind Gent step right to right side, turning ½  
turn right step left to left side  
Triple step (slightly forward) stepping right, left, right  
Step left across right (starting ½ turn left), completing ½ turn  
left step back on right (facing RLOD)  
Shuffle back stepping left, right, left

- Walk back stepping right, left  
Shuffle back stepping right, left, right  
Rock back on left, recover onto right

- Triple step ¾ turn left stepping left, right, left

START AGAIN